



The Third Sunday in Lent

March 23, 2025

4:00 PM

Evening Prayer, Rite I *Choral Evensong*

Officiant - The Very Reverend David Allard duPlantier, *Dean*

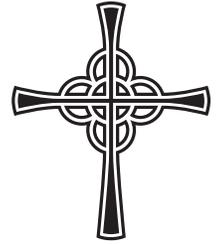
Preacher - The Reverend Jane-Allison Wiggin, *Rector of St. Luke's Parish*

The Choir of Christ Church Cathedral

Choir Director and Organist - Mr. Jarrett R. Follette, *Canon Precentor*

Assisting Conductor - Ms. Sofia Reggio

Order of Service



*It is the tradition of the Episcopal Church to maintain silence in the worship area so that people may pray.
Please help us preserve an atmosphere of quiet reverence before worship begins,
remembering to turn cell phones off.
Let the music of the opening voluntary quiet your thoughts as you prepare for worship.*

OPENING VOLUNTARY ~ Evensong.....Healey Willan

All Stand

THE PROCESSION OF CLERGY AND OTHER MINISTERS

The Invitatory and Psalter

OPENING PRECES

Officiant O God, make speed to save us.

Choir O Lord, make haste to help us.

Glory to the Father, and to the Son: and to the Holy Spirit;

As it was in the beginning, is now, and will be forever. Amen.

Please join in singing

HYMN #35 ~ Christ, mighty Savior, Light of all creation.....*Mighty Savior*

Please be seated.

The choir sings

PSALM 34 *Benedicam Dominum*

- 1 I will bless the LORD at all times; *
his praise shall ever be in my mouth.
- 2 I will glory in the LORD; *
let the humble hear and rejoice.
- 3 Proclaim with me the greatness of the LORD; *
let us exalt his Name together.
- 4 I sought the LORD, and he answered me *
and delivered me out of all my terror.
- 5 Look upon him and be radiant, *
and let not your faces be ashamed.
- 6 I called in my affliction and the LORD heard me *
and saved me from all my troubles.
- 7 The angel of the LORD encompasses those
who fear him, *
and he will deliver them.
- 8 Taste and see that the LORD is good; *
happy are they who trust in him!
- 9 Fear the LORD, you that are his saints, *
for those who fear him lack nothing.
- 10 The young lions lack and suffer hunger, *
but those who seek the LORD
lack nothing that is good.
- 11 Come, children, and listen to me; *
I will teach you the fear of the LORD.
- 12 Who among you loves life *
and desires long life to enjoy prosperity?

- 13 Keep your tongue from evil speaking *
and your lips from lying words.
 - 14 Turn from evil and do good; *
seek peace and pursue it.
 - 15 The eyes of the LORD are upon the righteous, *
and his ears are open to their cry.
 - 16 The face of the LORD is against those who do evil, *
to root out the remembrance of them from the earth.
 - 17 The righteous cry, and the LORD hears them *
and delivers them from all their troubles.
 - 18 The LORD is near to the brokenhearted *
and will save those whose spirits are crushed.
 - 19 Many are the troubles of the righteous, *
but the LORD will deliver him out of them all.
 - 20 He will keep safe all his bones; *
not one of them shall be broken.
 - 21 Evil shall slay the wicked, *
and those who hate the righteous will be punished.
 - 22 The LORD ransoms the life of his servants, *
and none will be punished who trust in him.
- Glory to the Father, and to the Son
and to the Holy Spirit:
As it was in the beginning, is now, *
and will be for ever. Amen.*

Setting: John Edward Cantrell, Saint Michael's Psalter

THE FIRST LESSON ~1 Corinthians 6:12-20

'All things are lawful for me', but not all things are beneficial. 'All things are lawful for me', but I will not be dominated by anything. 'Food is meant for the stomach and the stomach for food', and God will destroy both one and the other. The body is meant not for fornication but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us by his power. Do you not know that your bodies are members of Christ? Should I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that whoever is united to a prostitute becomes one body with her? For it is said, 'The two shall be one flesh.' But anyone united to the Lord becomes one spirit with him. Shun fornication! Every sin that a person commits is outside the body; but the fornicator sins against the body itself. Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body.

Lector The Word of the Lord

People Thanks be to God.

All stand. The choir sings

CANTICLE ~ The Song of Mary *Magnificat*

My soul doth magnify the Lord, *
and my spirit hath rejoiced in God my Savior.
For he hath regarded *
the lowliness of his handmaiden.
For behold from henceforth *
all generations shall call me blessed.
For he that is mighty hath magnified me, *
and holy is his Name.
And his mercy is on them that fear him *
throughout all generations.
He hath showed strength with his arm; *
he hath scattered the proud

in the imagination of their hearts.
He hath put down the mighty from their seat, *
and hath exalted the humble and meek.
He hath filled the hungry with good things, *
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel, *
as he promised to our forefathers,
Abraham and his seed for ever.
Glory be to the Father, and to the Son, and to the Holy Ghost: *
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

THE SECOND LESSON ~ Mark 5:1-20

They came to the other side of the lake, to the country of the Gerasenes. And when he had stepped out of the boat, immediately a man out of the tombs with an unclean spirit met him. He lived among the tombs; and no one could restrain him any more, even with a chain; for he had often been restrained with shackles and chains, but the chains he wrenched apart, and the shackles he broke in pieces; and no one had the strength to subdue him. Night and day among the tombs and on the mountains he was always howling and bruising himself with stones. When he saw Jesus from a distance, he ran and bowed down before him; and he shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me.' For he had said to him, 'Come out of the man, you unclean spirit!' Then Jesus asked him, 'What is your name?' He replied, 'My name is Legion; for we are many.' He begged him earnestly not to send them out of the country. Now there on the hillside a great herd of swine was feeding; and the unclean spirits begged him, 'Send us into the swine; let us enter them.' So he gave them permission. And the unclean spirits came out and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the lake, and were drowned in the lake. The swineherds ran off and told it in the city and in the country. Then people came to see what it was that had happened. They came to Jesus and saw the demoniac sitting there, clothed and in his right mind, the very man who had had the legion; and they were afraid. Those who had seen what had happened to the demoniac and to the swine reported it. Then they began to beg Jesus to leave their neighbourhood. As he was getting into the boat, the man who had been possessed by demons begged him that he might be with him. But Jesus refused, and said to him, 'Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you.' And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed.

Lector The Word of the Lord

People Thanks be to God.

The choir sings

CANTICLE - The Song of Simeon *Nunc dimittis*

Lord, now lettest thou thy servant depart in peace, *
according to thy word;
For mine eyes have seen thy salvation, *
which thou hast prepared before the face of all people,
To be a light to lighten the Gentiles, *
and to be the glory of thy people Israel.
Glory be to the Father, and to the Son, and to the Holy Ghost: *
as it was in the beginning, is now, and ever shall be, world without end. Amen.

All Stand

THE APOSTLES' CREED

Officiant and People together

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

THE LESSER LITANY AND LORD'S PRAYER

Officiant The Lord be with you.

Choir And with thy spirit.

Officiant Let us pray.

All intone the Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread.	And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.
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THE SUFFRAGES

Officiant O Lord, show thy mercy upon us.
Choir And grant us thy salvation.
Officiant Endue thy ministers with righteousness.
Choir And make thy chosen people joyful.
Officiant Give peace, O Lord, in all the world.
Choir For only in Thee can we live in safety.
Officiant Lord, keep this nation under thy care.
Choir And guide is in the way of justice and truth.
Officiant Let thy way be known upon earth.
Choir Thy saving help among all nations.
Officiant Let not the needy, O Lord, be forgotten.
Choir Nor the hope of the poor be taken away.
Officiant Create in us clean hearts, O God.
Choir And sustain us with thy Holy Spirit.

THE COLLECTS

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever.. Amen.

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know thee as thou art revealed in Scripture and the breaking of bread. Grant this for the sake of thy love. Amen.

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give thine angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for thy love's sake. Amen.

Please be seated.

ORISON

O God, whom saints and angels delight to worship in heaven: Be ever present with your servants who seek through art and music to perfect the praises offered by your people on earth; and grant to them even now glimpses of your beauty, and make them worthy at length to behold it unveiled for evermore; through Jesus Christ our Lord. Amen.

Words: Collect for Church Musicians and Artists, Book of Common Prayer, 1979
Music: Bruce Neswick (b. 1956)

The scores for this anthem are given to the Glory of God in loving memory of The Reverend C. William Ziegenfuss.

HYMN #662 ~ Abide with me: fast falls the eventide..... *Eventide*

THE SERMON

THE ANTHEM

O Lord, You have searched me and known me.
You know when I sit down and when I rise up,
You discern my thoughts from far away,
You are acquainted with all my ways.
Even before a word is on my tongue, O Lord,
You know it complete; you hem me in.
Where can I go from Your spirit
or where can I flee from Your presence?
If I ascend to heaven You are there.
If I take the wings of the morning
and settle at the farthest limits of the sea,
Even there Your hand shall guide me

and Your right hand shall hold me fast.
Even the darkness is not dark to You;
the night is bright as the day.
The darkness is as light to You.
For it was You who formed my inward parts.
You knit me together from the void.
I praise You for I am wondrously, fearfully made
and wonderful are your works.
When I come to the end I am still with You,
You are still with me Lord
See if there is any wicked way in me
and lead me in Your way forever.

This anthem was composed for the Choir of Christ Church Cathedral. This is its premiere.

Words: Psalm 139
Music: J. Calloway Cieslak (b. 1993)

CLOSING PRAYERS

THE DISMISSAL

THE GRACE

HYMN #42 ~ Now the day is over..... *Merrial*

CLOSING VOLUNTARY

Offering baskets are located at the exits.

Please join us in Stewart Hall for a reception.

SETTINGS

Preces & Suffrages - Richard Webster (b. 1952)
Magnificat & Nunc dimittis (Collegium Regale Setting) - Herbert Howells (1892-1983)

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Please remember Christ Church Cathedral in your will.
