

From The Dean . . .

In the opening of his famous *Spiritual Exercises*, St. Ignatius of Loyola writes:

God freely created us so that we might know, love, and serve him in this life and be happy with him forever. God's purpose in creating us is to draw forth from us a response of love and service here on earth, so that we may attain our goal of everlasting happiness with him in heaven. *All things in this world are gifts of God, created for us, to be the means by which we can come to know him better, love him more surely, and serve him more faithfully. As a result, we ought to appreciate and use these gifts of God insofar as they help us toward our goal of loving service and union with God. But insofar as created things hinder our progress toward our goal, we ought to let them go.*"

(The Spiritual Exercises; translation by Donald Fleming, S.J.; c 1978: The Institute of Jesuit Sources. Emphasis added)

For almost five hundred years, monks, nuns and countless other Christian disciples have used these 30 days of rigorous spiritual exercises to deepen their faith, and strengthen their vocation. Ignatius originally created the exercises for the use of the monastic community he founded- the Society of Jesus, commonly known as the Jesuits. How interesting that even for an order of monks living under vows of poverty, chastity and obedience, the first issue addressed is stewardship. Perhaps this can help us understand that the theology of stewardship is not a "stained-glass" window method to separate people from their money. In the twenty-first century church, we seek to teach stewardship as a year-round discipline, not a fall fund raising strategy. At some point in every day of your life, I hope that you take a brief moment to give thanks to God for the blessings and riches of his creation. The Spiritual Exercises imply that our relationship with God is deepened when we put our faith into practice. Translating our thankfulness to God into a deliberate act of generosity toward God's people is a wonderful example of this.

Once a year, we ask that you prayerfully consider your vocation as steward of a small corner of God's creation, and make a tangible act of 'letting go' of some portion of the riches entrusted to you that they might be symbolically returned to God through the work of his church. This is not a natural or easy act for many of us. The "Spiritual Exercises" are aptly named. Part of the vocation of every Christian disciple, is to grow beyond our human instincts of tribalism and self preservation in order to more fully experience the freedom of God's grace. Please join me in devoting this season of our common life to more fully understanding the simple phrase: "It is in giving that we receive."



THE CANTICLE

THE
EPISCOPAL
CHURCH



WELCOMES YOU



All Saints' Day All Souls' Day

All Saints' Day is Friday, November 1.

We will read the necrology during the *All Faithful Departed* or *All Souls' Day* Eucharist at 9:30 AM on Saturday, November 2, in the Chapel.

LECTIONARY TEXTS

(Sunday Readings)

November 3

Daniel 7:1-3, 15-18

Psalm 149

Ephesians 1:11-23

Luke 6:20-31

November 10

Haggai 1:15b—2:9

Psalm 98

2 Thessalonians 2:1-5, 13-17

Luke 20:27-38

November 17

Isaiah 65:17-25

Canticle 9

2 Thessalonians 3:6-13

Luke 21:5-19

November 24

Jeremiah 23:1-6

Canticle 16

Colossians 1:11-20

Luke 23:33-43



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EPISCOPAL DIOCESE OF LOUISIANA

The Right Reverend

Morris K. Thompson, Jr., *Bishop*

CHRIST CHURCH CATHEDRAL

The Very Reverend David A. duPlantier,
Dean

The Reverend Canon Steven M. Roberts

The Reverend Canon David B. Lowry,
Theologian in Residence

The Reverend Travers C. Koerner,
Priest Associate

The Reverend Dr. Minka Shura Sprague,
Priest Associate

The Reverend Bridget K. Tierney,
Director of Advent House

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Dr. G. Marc Loudon, *Assistant Organist*

Ms. Lisa Wilkie, *Parish Administrator*

Ms. Lisa Sibal,

Executive Assistant to the Dean

Ms. Mary Lynn LeBlanc,

Administrative Assistant

Mr. Daniel Terrebonne, *Parish Secretary*

Mr. James Jennings, *Sexton*

Ms. Karen Miller, *Nursery Worker*

Ms. Kerry Hayes, *Nursery Worker*

Ms. Isabelle Marrier, *Nursery Worker*

Ms. Dorothy Phillips, *Sunday Sexton*

Submissions for Cathedral publications
are always welcome.

*Items for the December, 2019 issue of
The Canticle are due November 15.

Please e-mail articles to
canticle@cccnola.org.

Send photos to
photos@cccnola.org

Sunday bulletin and/or weekly e-blast
announcements should be submitted
before noon on Tuesdays to
canticle@cccnola.org.

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HONORARY CANONS NON-RESIDENTIARY

The Reverend S. Chad Jones

Mr. David R. Pitts

The Reverend E. Mark Stevenson

VESTRY

2020

Alan Brackett (Senior Warden),

Laura Brown (Secretary),

Karen Whitfield

2021

John Sibal (Junior Warden),
Jethro Celestin, Borden Wallace

2022

Justin Allen, Melissa Montero,
Jennifer O'Brien-Brown (Treasurer)

2023

Les Leathem, Charles Meade,
Judson Mitchell

Weekly Liturgies

Sundays

8:00 AM ~ The Holy Eucharist (Spoken)
1928 Prayer Book

10:00 AM ~ The Holy Eucharist (Sung)
Rite II (Rite I in Lent)

6:00 PM ~ The Holy Eucharist (Sung)
Real Presence

Weekdays (M-F)

12:15 PM ~ The Holy Eucharist

Saturdays

9:30 AM ~ The Holy Eucharist (Spoken)
Rite II

WGSO 990AM

Sunday Morning 10 AM Eucharist
Live Broadcast on WGSO 990 AM
Radio.
Online streaming and downloadable
podcast at www.wgso.com



Daylight Savings Time Ends!

*Don't forget
to set your clocks back on
Saturday, November 2!!*

November



- | | |
|----------------------|--------------------|
| 2 Beth Buckley | 14 Jason Kirkwood |
| 2 Michael Ibiowoye | 15 Amy Corcoran |
| 5 John Alden Meade | 15 Jean Meade |
| 5 Mark Collins | 16 Jimmy Faust |
| 6 Spann Rookard | 17 Owen Leetham |
| 7 Clara Pardo | 17 Helen Klein |
| 9 Carl Gaines, Jr. | 17 Estella Parker |
| 10 Les Bradfield | 19 Amelia Smith |
| 12 Alicia Heard | 20 Bob Carr |
| 12 Matt Thomas | 21 Travers Koerner |
| 13 Erica Dodson | 22 Chris Brown |
| 13 Bobette Dudley | 28 David O'Leary |
| 13 Andrew Shoftstahl | 29 Bennett Bengé |
| 14 Chrissy Carmody | 29 Hudson Bengé |
| 14 Katherine Lee | 30 Margaret Albert |
| 14 Jennifer Leetham | 30 Katelyn Meyers |
| 14 Caitlin Kirkwood | 30 Victoria Willis |

O God, our times are in your hands: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord.

If your name isn't listed, we don't have your date of birth in our records. Please send an e-mail to acs@cccnola.org or call the cathedral office and we'll be sure to wish you a Happy Birthday next year!



The Feast of Saint Nicholas

St. Nick will be visiting the cathedral on Friday evening, December 6.

Come learn and have your picture taken!

Stay tuned for more details about this exciting event!

Men's Bible Study

I have had an inquiry about starting a Men's Bible Study at the Cathedral beginning in January of 2020. The time that is being considered is Wednesday mornings from 7:30-8:30. If you would be interested in participating in such a group, please email Lisa Sibal (lsibal@cccnola.org) and if there is sufficient interest we will follow up with the specifics.

The Very Reverend David Allard duPlantier

LIFT YOUR GAZE - LIFT YOUR HEART YOGA IN THE CATHEDRAL

Cathedrals evolved to become spaces which invite the eyes and the heart to lift toward the heavens. The arches point the way for eyes to lift; the stained light from windows high above entice the vision higher; and the lofty vaulted ceilings complete the illusion.

Yoga teaches that the heart follows the eyes. This yoga practice will focus on opening the heart to loving kindness, accepting the human-ness of our selves and others and creating a lightness in the heart. But 'you gotta move' to teach your heart to open.

All Levels of Experience are Welcome

Every Tuesday

5:30 pm - 6:30 pm

Cost: FREE (Donations are welcomed but are not required)

What to Wear: Comfortable, layered clothing

What to Bring: A yoga mat

Altar Flower Donations



Thanks to all of you who have donated flowers for the cathedral and chapel. There are still opportunities for you to donate flowers in memory or thanksgiving of loved ones. Please sign up on the sheet in Stuart Hall or for more information, contact Sandy Jackson - (504) 717-3185 - sditra@tulane.edu.

MARK YOUR CALENDAR

Saturday, November 16 - 10:00 AM

Study with the Theologian in Residence

“Christianity in Transition:

*John and the Development of Hellenistic Christianity
in the Second Century AD*

Thursday, November 22

Thanksgiving Day

10:00 - The Holy Eucharist

The Rev. Richard Easterling preaches

Friday, December 6

The Feast of Saint Nicholas

Sunday, December 8

4:00 PM - A Festival of Nine
Lessons and Carols

Thursday, December 19

7:00 PM - Lyrica Baroque
Christmas Concert

Friday, January 3, 2020

6:00 PM

Annual Holiday Party