

From The Dean . . .

As emerging disciples of Jesus, our lives center on the disciplines of *prayer, worship, service and formation*. Responding to an ever-deepening sense of God's intense love for us, we seek ways to abide in his love by growing into Jesus' statement that *the work of God is to believe in the One that God sent. (John 6:29)* As your spiritual home, Christ Church Cathedral strives to provide you with numerous opportunities to engage these various facets of the life of faith.



Our three distinct Sunday masses offer a broad spectrum of Anglican liturgical tradition, and the intimate daily services in the Chapel invite worshippers to step out of the routine of weekday life and bask for a time in the holy rhythm of God's time. Then there are the more individualized opportunities for Centering Prayer, Yoga, Meditation and Spiritual Direction. As Director of Advent House, *Mother Bridget* can always help you discern your unique path to a richer faith life.

Throughout the year there are multiple opportunities to serve the poor and marginalized in our community; sometimes this entails raising funds or donating tangible items and, on other occasions, it is by direct ministry among these most beloved of God's children. For example, the Cathedral is sponsoring a week of meals every quarter at *Grace at the Greenlight*, a ministry serving the street homeless population (based out of Danny's Food Store at 2100 Earhart Avenue). During each of these weeks we will also be invited to provide volunteers to help serve and greet those being served by this program. Watch the monthly Canticle and weekly email notices for details about these various opportunities, and remember that Deacon Priscilla Maumus (deacon @cccnola.org) is a valuable resource in matching your individual gifts and interests with various ministry possibilities that are always presenting themselves.

Finally, there are a variety of small group offerings designed to enhance your knowledge of Christian scripture, tradition and theology. In addition to ongoing Bible and Book Studies, House Church, Potlucks and Education for Ministry, there are several new offerings described elsewhere in this *Canticle* from Theologian in Residence Canon David Lowry (whose Biography is also included herein). There are several offerings daily, including at least one just before or following the weekday Masses so participants can share in worship and formation in one stop! On Sundays, Canon Lowry and Canon Roberts are beginning a new worship experience for the K-6 age group beginning at 9:50 AM (see details below) and we will continue the weekly class for grades 7-12 following the 10 AM service. We also plan to offer periodic adult programs during the Coffee Hour time, which will be publicized in *The Canticle* and weekly bulletins. The Good Shepherd Atrium will normally be open and staffed for younger children during the Adult Coffee Hour/Forum time as well. Elsewhere in this Canticle you will also find a monthly schedule of youth events designed to enhance the community building within that crucial age group. More detailed information about any of these programs, classes and events is available from the designated leader(s) as well as by contacting the Cathedral office. I sincerely pray that you will take advantage of as many of these offerings as possible, and that God continues to richly bless our faith community as a new season of rich and varied Spiritual growth unfolds.

Qal+

THE CANTICLE

THE
EPISCOPAL
CHURCH



WELCOMES YOU

We welcome Lisa Sibal, the new Executive Assistant to the Dean. You may reach her at (504) 283-2875 LSibal@cccnola.org



If you or a family member is hospitalized or shut-in, please contact the parish secretary during office hours or call one of us directly on our mobile phones at any time and leave a voice message if necessary. If the situation is not urgent you may also contact use via email (copying the parish secretary as well.) Please DO NOT use text messages, Facebook or any other instant message platform to communicate sensitive or urgent information, as their reliability is inconsistent.

LECTIONARY TEXTS
(Sunday Readings)

September 6

Isaiah 35:4-7a

Psalms 146

James 2:1-10, 14-17

Mark 7:24-37

September 13

Isaiah 50:4-9a

Psalms 116:1-8

James 3:1-12

Mark 8:27-38

September 20

Wisdom of Solomon 1:16—2:1, 12-22

Psalms 54

James 3:13—4:3, 7-8a

Mark 9:30-37

September 27

Numbers 11:4-6, 10-16, 24-29

Psalms 19:7-14

James 5:13-20

Mark 9:38-50

EPISCOPAL DIOCESE OF LOUISIANA

The Right Reverend

Morris K. Thompson, Jr., *Bishop*

CHRIST CHURCH CATHEDRAL

The Very Reverend David A. duPlantier,
Dean

The Reverend Canon Steven M. Roberts

The Reverend David B. Lowry,

Theologian in Residence

The Reverend W. Gedge Gayle, Jr.,

Priest Associate

The Reverend Travers C. Koerner,

Priest Associate

The Venerable Priscilla G. Maumus,

Deacon

The Reverend Bridget K. Tierney,

Director of Advent House

Mr. Jarrett R. Follette, *Canon Precentor*

Ms. Lisa Wilkie, *Parish Administrator*

Ms. Lisa Sibal,

Executive Assistant to the Dean

Ms. Suzette Follette,

Parish Secretary & Wedding Coordinator

Mr. Aymen Ammari, *Sexton*

Ms. Tania Sabillon, *Housekeeper*

Mr. Manny Garcia, *Sunday Sexton*

Ms. Sharon Henry, *Nursery Worker*

Ms. Karen Landry, *Nursery Worker*

Ms. Jeanette Gilmore-Burrell,

Nursery Worker

Submissions for Cathedral publications
are always welcome.

*Items for the October, 2015 issue of
The Canticle are due September 14.

Please e-mail articles to
canticle@cccnola.org.

Send photos to
photos@cccnola.org

Sunday bulletin and/or weekly e-blast
announcements should be submitted
before noon on Tuesdays to
canticle@cccnola.org.

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New Orleans, Louisiana 70115
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504.895.6662 (fax)
<http://cccnola.org>

**HONORARY CANONS
NON-RESIDENTIARY**

The Reverend S. Chad Jones

Mr. David R. Pitts

The Reverend E. Mark Stevenson

VESTRY

2016

Chris Beary (Treasurer), Sam Buckley
(Secretary)

Julio Figueroa (Senior Warden)

2017

Mikey Corcoran,

Sandy Jackson (Junior Warden)

Karen Whitfield

2018

Kendall Genre, Jesse George

Lawrence Marrione, Rick Mithun

2019

Ryan Garrity, Angela Kellum,

Dan LeGardeur

Weekly Liturgies

Sundays

7:30 AM ~ The Holy Eucharist (Spoken)
1928 Prayer Book

10:00 AM ~ The Holy Eucharist (Sung)
Rite II (Rite I in Lent)

6:00 PM ~ The Holy Eucharist (Sung)
Real Presence

Weekdays (M-F)

12:15 PM ~ The Holy Eucharist

Saturdays

9:30 AM ~ The Holy Eucharist (Spoken)
Rite I

WGSO 990AM

Sunday Morning 10 AM Eucharist
Live Broadcast on WGSO 990 AM
Radio.

Online streaming and downloadable
podcast at www.wgso.com
Broadcasts underwritten in part by
St. Martin's Episcopal School.



Christ Church Cathedral
New Orleans



Calling All Kids!

Claiborne Beary

One Sunday each month, kids of all ages will get together to hang out! We'll be around the pool, baking cookies, or even jumping at Sector Six!

Dates

- 9/13/15 Tailgate by the Pool (3-6 PM)
- 10/25/15 Tailgate by the Pool (12-3 PM)**
- 11/22/15 Laser Tag (Event at Metairie Location) (12-2PM)**
- 12/6/15 Cookies and Christmas Classics (11:30-1:30 PM)**
- 1/10/16 Sector Six (Event at Sector Six) (12-1 PM)**
- 2/7/16 Parade Watching (11:30 - Till PM)**
- 3/13/16 WLL Game Party (11:30-1:30 PM)**
- 4/10/16 Pool Party (11:30-1:30 PM)**
- 5/15/16 Pool Party (11:30-1:30 PM)**

Additional Questions

**Transportation is available from Christ Church Cathedral

All events will be held at Page & Chris Beary's house unless otherwise specified

Please contact Claiborne Beary with any additional questions.



September

HAPPY BIRTHDAY

- | | |
|--------------------|---------------------|
| 1 Sean Airey | 14 Israel Ibiwoye |
| 1 Sue Blankingship | 15 Marlene Dadukian |
| 1 Pamela McCall | 15 Heady Dwyer |
| 2 Steve Holzhalb | 16 Meagan Thomas |
| 3 Robin George | 18 Billy Soileau |
| 3 Brant Walterman | 21 Matt Rookard |
| 4 Herschel Abbott | 22 Susette Gaines |
| 4 Pam Clark | 24 Tommy Bengé |
| 5 Alma Dunlap | 25 Frances Beverly |
| 8 John Phillips | 26 Claude Kohler |
| 9 Amanda George | 27 Mikey Corcoran |
| 12 Cole Dodson | 29 Gerri Edwards |
| 14 Elena Figueroa | 30 Carter Burwell |

O God, our times are in your hands: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord.

If your name isn't listed, we don't have your date of birth in our records. Please send an e-mail to acs@cccncola.org or call the cathedral office and we'll be sure to wish you a

Happy Birthday next year!

Welcome Wednesday

September 23

6:00 PM - Potluck Supper

7:00 PM - The Very Rev'd A.J. Heine

Walking the Way of St. James

For over a thousand years, people have found that making a pilgrimage to Santiago de Compostela in Spain was a life-changing and soul-renewing experience. Popularized by visits from Pope John Paul II and the film, "The Way" starring Charlie Sheen, the Camino de Santiago continues to attract thousands of people every year. Since we are all pilgrims on the journey of life, walking the Camino is a metaphor for the trials and tribulations, as well as the joys and beauty, to be found in walking the Way. Fr. Heine will share the life lessons he learned when he and his son walked the Camino in the summer of 2013. Even if you're probably not going to walk or ride this 500 mile, 30 day pilgrimage, come and hear the spiritual fruits that walking the way offers for all of us.

Baptism

is especially appropriate at the Easter Vigil, on the Day of Pentecost, on All Saints' Day or the Sunday after All Saints' Day, and on the Feast of the Baptism of our Lord (the First Sunday after the Epiphany).

It is recommended that, as far as possible, Baptisms be reserved for these occasions or when a Bishop is present. (BCP, page 312). *Our next opportunity for baptism is November 1.* Please contact Canon Roberts for more information.



Confirmation, Reception, Baptisms

On Sunday, September 13, Bishop Thompson makes his annual visitation at which time he will confirm and receive persons into the Episcopal Church.

Baptism, performed at any age, is the Sacrament of initiation into the Christian faith. The Prayer Book also provides a rite of Confirmation, which is when previously Baptized persons re-affirm their Baptismal promises and receive the laying on of hands by a Bishop, thus becoming Episcopalian (fun fact: when a Bishop baptizes an adult that serves as confirmation as well). The Bishop also receives persons into the Episcopal Church who have been confirmed in another denomination by a Bishop provided that denomination has a theology of the Historic Episcopate consistent with that of the Episcopal Church.



Confirmation is one of the oldest sacraments of the Church. In the book of Acts, the Apostles laid their hands on believers so that they would receive the Holy Spirit. This rite of laying on hands became connected to Baptism, and the two formed one rite. With the rise in popularity of infant baptism, the laying on of hands was delayed until an age of maturity (usually between the ages of 12 and 16) and became an opportunity for Christians who had been baptized as infants to make their own, mature confession of faith.

Coffee Hour



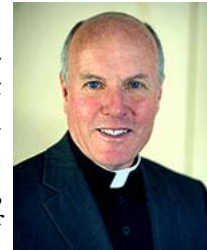
Visitors to the cathedral are often surprised by our Coffee Hour. I've heard many a person say they were going to go home and tell their church about our hospitality. You can help us keep up our reputation for great hospitality by volunteering to host Coffee Hour one Sunday. Drinks are provided by the cathedral and volunteers provide their choice of food. Host with a friend or two. If you have no time to shop and prepare food, donations are always gladly accepted. For additional information/volunteer, contact Kathy Boyd, 891-1360 or kboydaj@yahoo.com. Recent hosts: The Choir, Jim Buck, Ray Goeller, Susan Carswell, Kathy Boyd, Frances Beverly, Caden Cheatham, Lyn Gladney, Bonnie Pardon, Barbara Richmond, and Verna Barnett Lombard.

Many thanks to all!

The sign-up sheet for the remainder of the year is posted in Stuart Hall with open dates. Please sign up today.

The Rev'd Canon David B. Lowry, Ph.D.

Canon David Lowry is theologian in Residence at Christ Church Cathedral Cathedral. He is also currently co-writing a book about business ethics and the future of religion in a hyper-globalized world. Ordained in 1972, he served as curate and rector of Christ Church, Manhasset, New York, rector of Church of the Nativity, Indianapolis, Indiana, canon pastor of the Cathedral of the Incarnation, Garden City, New York and Dean of Christ Church Cathedral in New Orleans. He was associate professor of Biblical studies and Interim Dean of the Mercer School of Theology in the Diocese of Long Island and Interim Director of the Desmond Tutu Center at the General Theological Seminary. He is president of the board Children's Orchestra Society of New York and a member of the board of missions for the highlands of West Papua, New Guinea. From 1990 until 2004 he served as a vice president for the Freeport-McMoRan companies and president of the Freeport-McMoRan Foundation.



Altar Flower Donations



Thanks to all of you who have donated flowers for the cathedral and chapel. There are still opportunities for you to donate flowers in memory or thanksgiving of loved ones. Please sign up on the sheet in Stuart Hall or for more information, contact Sue Blankingship - phone 885-0773 or wyattump1@aol.com.

Free Legal Clinics Continue

The Pro Bono Legal Project is partnering with the Cathedral and Jericho Road to sponsor free legal clinics at the Cathedral. If you know someone (a friend, an employee, a neighbor) who might benefit from legal advice about bankruptcy, foreclosure, debt collection harassment, contract disputes, wills, or landlord issues, encourage them to come to the Cathedral at 10:00 AM on Saturday, September 12. No appointments are necessary and no fees are charged. Enter by the 6th Street door (3rd door down from the St. Charles Avenue.) For more information, call (504) 581-4043. Thanks to Vestry member Jesse George for arranging this service.

New Christian Formation Offerings for Adults

“Forming the Faith of the Children of Israel through Struggle and Triumph: A Study of the Old Testament”

Old Testament classes usually begin the Genesis and progress, more-or-less, through the Tanakh (Old Testament). We are going to try something different: we will begin with the books of 1 and 2 Samuel and 1 and 2 Kings and supplement them with the books of the prophets Amos, Jeremiah and Isaiah, chapters 1-39. Why? Because these were the first Old Testament books to be written and reflect the deep crisis of political will and theological understanding that overcame the people of Israel and Judah in the late 8th through the early 6th centuries BCE. This was the period of the Assyrian and Babylonian conquests of the Israelites. We will use history to view theology and myth, rather than allowing theology and myth to create history. We will then look at the history and theology of restoration Israel, using the books of Ezra and Nehemiah and Isaiah 40-66. Only after this (rather lengthy excursion) will we turn our attention to the Pentateuch (Genesis, Exodus, Leviticus and Deuteronomy). We will close our study outside the regular Old Testament with the Apocryphal books of Maccabees and supplement those books with the prophetic book Daniel, which will introduce us to the Israel and Diaspora that was so important to Jesus, Paul and the compilers of the Gospels. Other than an Old Testament (preferably with annotation - we recommend *The New Oxford Annotated Bible*), no books are needed. Leader: Canon David Lowry

Tuesdays at 1:00 PM in the Westfeldt Room
(just inside the Parish Office entrance):
9/15, 9/22, 9/29, 10/6, 10/20, 10/27, 11/3, 11/10, 11/17

Thursdays at 6:00 PM in Advent House
(enter on Seventh Street at Carondelet):
9/17, 9/24, 10/1, 10/8, 10/22, 10/29, 11/5, 11/12/11/19

*“What can the Inklings teach us about the World today?
A Study of Literature, Faith and Wonder”*

From the early 1930s, through the agonies of World War II and on to the early 1950s a small group of intellectuals met regularly in pubs and the rooms around Oxford University to “drink, smoke, cavil, read aloud their works in progress and endure or enjoy with as much grace as they could muster the sometimes blistering critiques that followed.” They came to call themselves ‘The Inklings.’ Four are most famous: C. S. Lewis, J. R. Tolkien, Charles Williams and Owen Barfield. In their own ways they sought to come to grips with a world that was changing. They struggled through the meaning of nation, world - and especially faith: they wondered about the evil that lurked in 20th century Europe. They used their struggles to look at myth, faith and the human condition. Although our world is different from theirs in specific challenges, it has great similarities as well. A new book has been written about the Inklings. Philip and Carol Zaleski have lovingly chronicled the intellectual and spiritual writings of Lewis, Tolkien, Williams and Barfield (*The Fellowship: The Literary Lives of the Inklings*). Although we highly recommend the book, reading the book is not necessary. Rather we will read and discuss one or two major works by each of Inklings: Tolkien’s *The Hobbit*, Lewis’ *Till we have Faces: A Myth Retold* and from The Chronicles of Narnia, *The Lion, the Witch and Wardrobe* and *The Battle*. From the lesser known Inklings we will read and discuss Williams’ *All Hallows’ Eve* and Barfield’s *Saving the Appearances: A Study in Idolatry* (a very different book from the others). Leader: Canon David Lowry

Thursdays at 7:15 PM in Advent House
(enter on Seventh Street at Carondelet):
9/17, 9/24, 10/1, 10/8, 10/22, 10/29, 11/5, 11/12/11/19

Fridays at 11:00 AM in the Westfeldt Room
(just inside the Parish Office entrance): 9/11, 9/18, 9/25, 10/2,
10/9, 10/16, 10/23, 10/30, 11/6, 11/13



New Sunday Morning Worship/Formation for Children, K-6

“Let the Little Children Come to Me”: Experiencing the Love of Christ”

On Sundays beginning September 20 we will offer a new learning experience for children who are in Kindergarten through those in 6th grade. It is designed to engage children in a variety of study, experiences and fellowship that will help them understand better the love of God and Christ and in our community of love—the church. The program will combine time for learning and fellowship that is appropriate for children while also having the children join their families for the Eucharistic celebration in the Cathedral. At 9:50 AM the children will gather in the Nurturing Center (next to the Parish Hall Kitchen). Breakfast will be served for the children and their teachers. At 10:10 the educational program will begin. It will conclude at 10:40 when the children will come to the Cathedral to join their families for the consecration of the bread and wine and the communion of the faithful.

Canon Roberts and Canon Lowry, former dean of Christ Church Cathedral and now Theologian in Residence, will be the primary clergy leaders for the program. Adults and teenagers from the Cathedral congregation will assist. Willing and loving volunteers are needed and will be lovingly trained.

72 Hours for a Miracle

Robert Clepper

Every month 300-400 people return to the greater New Orleans metropolitan area from prison. It is extremely important that they unite with their families, acquire housing and integrate into their communities for successful reincorporation into society. Integration includes job training and placement, substance abuse counseling, life skills training, job mentoring and spiritual support.

Louisiana State Penitentiary (LSP) officials maintain that “when an offender returns to the community, he or she faces the stigma of incarceration, making the offender feel uncertain, sometimes fearful, as they return home. The community contributes to these feelings by maintaining a distance from the offender. As a result, the offender experiences difficulty finding meaningful employment and suitable housing.”

It is important to note that many formerly incarcerated persons have no welcoming family or community for return. A faith community will be the one that creates the welcoming back change for that person through resources, strategies and fellowship. Failure to achieve the basics of reincorporation within 72 hours of release results in a sixty percent recidivism to prison within 2-3 years. The lack of a family or mentor support system is considered the primary cause of non-felony offenders’ return to prison because they could not meet the basic requirements of their parole.

The Louisiana State Penitentiary (LSP), also known as Angola or The Farm, is the largest maximum security prison in the United States in charge of 6,300. Located on the site of a former plantation, it occupies 28 square miles (an area the size of Manhattan) and still operates as a farm with cattle husbandry and substantial crop production. Approximately three-quarters of the population is African-American and one-quarter is Caucasian and Latino. Seventy percent of offenders are serving life sentences, the largest number of inmates in any prison in America. Almost two percent, or 125 inmates at Angola, are sentenced to death.

LSP does “provide basic broad-based educational programs” to those who are “motivated to take advantage of these services and have demonstrated behavior that would enable them to func-

tion within an educational setting.” GED, Adult Basic Education classes and vocational school training are offered including automotive technology, carpentry, culinary arts, graphic communications, horticulture and welding. Unfortunately, it is reported that of those released from LSP, fifty percent return to prison. Inmates who participated in educational programs and are released have a recidivism rate of thirty percent.

“I was in prison, and ye came unto me.” (KJV) St. Matthew 25:36

The visitation of prisoners is a time-honored Christian tradition of service, and is an excellent opportunity to share hope, comfort and an invitation into a salvation experience. Potential opportunities for our faith community to serve those formerly incarcerated in the reintegration process into our city include food preparation for meals at family unification dinners, monetary donations to housing social service agencies such as UNITY of Greater New Orleans and mentoring opportunities at off-site neutral locations for employment procurement and retention. Pray, as we invite the newly released to be people of thanksgiving not just for freedom, but for new life.

A native of Texas, Robert is a life-long Episcopalian who has lived in Texas, Washington, D.C., Maryland, in addition to Louisiana. He holds a BBA from Baylor and an MBA from SMU and worked in the commercial real estate and financial industries before retiring to New Orleans and joining us at Christ Church Cathedral. He has served as a Chalice Bearer at St. Michael and All Angels in Dallas and on the vestry and the Phoenix Project at Trinity Episcopal Church in Galveston. He recently attended the “Welcome Home Sunday” hosted by Dillard University, a collaborative effort by the Mayor’s Office, Louisiana State Penitentiary, the U.S. Attorney, The Archdiocese of New Orleans and numerous other faith organizations. The program featured testimonials by formerly incarcerated citizens and education about resources and strategies for returning them the community. If you are interested in prison ministry or work with formerly incarcerated returning citizens or organizations which serve them, contact Robert at clepper1620@gmail.com.

Little Free Library

Down But Not Out:

Our very popular Free Little Library was recently taken out in a minor car accident. Fortunately, no one was hurt and the company whose driver was responsible will be providing a replacement. In the meantime, hold off on book donations for the next month or so as we are running out of storage space. We will let you know when to resume donations.



From Advent House

The Rev'd Bridget K. Tierney
Director of Advent House
Christ Church Cathedral



Is it feeling cooler today? Is fall coming? Will there be new programs? What about the old ones that I liked and missed at Advent House/Christ Church Cathedral?

As you can see throughout this issue of *The Canticle*, there are some awesome new offerings at The Cathedral – worship and music, as well as formation for young people and adults.

For us as Advent House, we are looking forward to a couple of “oldies but goodies” returning as well as the promise of something new.

Book Club returns on Monday 14 September 1-2:30 PM. We will start with “*The Nightingale*,” by Kristin Hannah. Here’s part of the Amazon review. Newcomers are always welcome! Please have the whole book read when you come for the first meeting.

In love we find out who we want to be. In war we find out who we are.

FRANCE, 1939

In the quiet village of Carriveau, Vianne Mauriac says goodbye to her husband, Antoine, as he heads for the Front. She doesn’t believe that the Nazis will invade France ... but invade they do, in droves of marching soldiers, in caravans of trucks and tanks, in planes that fill the skies and drop bombs upon the innocent. When a German captain requisitions Vianne’s home, she and her daughter must live with the enemy or lose everything. Without food or money or hope, as danger escalates all around them, she is forced to make one impossible choice after another to keep her family alive.

Vianne’s sister, Isabelle, is a rebellious eighteen-year-old girl, searching for purpose with all the reckless passion of youth. While thousands of Parisians march into the unknown terrors of war, she meets Gætan, a partisan who believes the French can fight the Nazis from within France, and she falls in love as only the young can ... completely. But when he betrays her, Isabelle joins the Resistance and never looks back, risking her life time and again to save others.

When we feel finished discussing this book, we will begin reading our Presiding Bishop elect, Michael Curry’s latest, “*Crazy Christians: A Call to Follow Jesus*.”

“We need some Christians who are as crazy as the Lord. Crazy enough to love like Jesus, to give like Jesus, to forgive like Jesus, to do justice, love mercy, walk humbly with God— like Jesus. Crazy enough to dare to change the world from the nightmare it often is into something close to the dream that God dreams for it. And for those who would follow him, those who would be his disciples, those who would live as and be the people of the Way? It might come as a shock, but they are called to craziness.” - from Bishop Curry’s “*Crazy Christians*” address to the 2012 General Convention of the Episcopal Church in Indianapolis



There’s a new face at Jericho Road Episcopal Housing Initiative...that’s Aaron Juarez. Aaron joins Jericho Road as the eighth fellow from Grinnell College’s Grinnell Corp program - a year-long fellowship modeled after the Peace Corp in which Grinnell College graduates spend a year working with organizations around the world.

A California central coast native, at Grinnell Aaron majored in Human Ecology, focusing on topics related to urban planning and public health. Aaron will be serving Jericho Road as our Greenspace Coordinator and he is excited to learn from and work with residents and community members to continue designing and creating vibrant environments that promote health and community.

If you see Aaron around, say hello!



Come and get crazy with us!

Quiet Days will also resume:

- Friday 18 September 2015 10 AM – 2:30 PM
- Friday 16 October 2015 9:30 AM- 2:30 PM
- Friday 20 November 2015 9:30 AM- 2:30 PM

Remember you are welcome to bring your lunch and stay for the whole time, or as long as you can. Come to the Quiet and reconnect with your soul.

Enjoy the blessings of the changing seasons,

Bridget+

LIFT YOUR GAZE - LIFT YOUR HEART YOGA IN THE CATHEDRAL



Cathedrals evolved to become spaces which invite the eyes and the heart to lift toward the heavens. The arches point the way for eyes to lift; the stained light from windows high above entice the vision higher; and the lofty vaulted ceilings complete the illusion.

Yoga teaches that the heart follows the eyes. This yoga practice will focus on opening the heart to loving kindness, accepting the human-ness of our selves and others and creating a lightness in the heart. But 'you gotta move' to teach your heart to open.

All Levels of Experience are Welcome

Every Tuesday

5:30 pm - 6:30 pm

Cost: FREE (Donations are welcomed but are not required)

What to Wear: Comfortable, layered clothing

What to Bring: A yoga mat

Thank you to all who so faithfully keep the red wagon filled. Your donations support a vital ministry. The New Orleans Mission provides food, shelter, clothing and spiritual guidance to the city's homeless, hurting and hungry. Our commitment to meet the physical, social and spiritual needs of the homeless community is backed by the financial support of generous local residents, churches, organizations and corporate donors that understand the importance of being socially responsible to the people in communities where they live and/or do business.



MARK YOUR CALENDAR

Sunday, September 13

10:00 AM - Bishop's Annual Visit with Confirmation

Tuesday, September 15

The Rev'd David Lowry begins
1:00 PM - Old Testament Study

Wednesday, September 16

6:00 PM - House Eucharist at the Figueroa's

Thursday, September 17

The Rev'd David Lowry begins
6:00 PM - Old Testament Study
7:15 PM - Study of literature - The Inklings

Friday, September 18

The Rev'd David Lowry begins
11:00 AM - Study of literature - The Inklings

Sunday, September 20

Christian Formation begins

Wednesday, September 23

6:00 PM - Potluck Supper
Presentation by The Rev'd A.J. Heine

Sunday, October 4

Annual Saint Francis Day Blessing of the Animals

Sunday, November 1

All Saints' Day

4:00 PM - Choral Evensong

Sunday, December 13

4:00 PM - A Festival of Nine Lessons and Carols