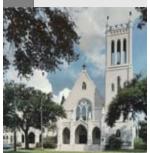
#### March 2018



## THE CANTICLE

#### THE EPISCOPAL CHURCH



#### From The Dean ...

In the simpler days in which the Episcopal Church grew up, most Americans spent their entire lives in the same community. When people did relocate it was generally considered to be trading one permanent home for another ,and one put down deep roots in one's new community. It was considered normative for the American Christian population to remain members of the same denomination when they relocated and the Episcopal Church had clear and specific ways to keep track of membership. These rules are still in effect today, but much harder to make sense of given the mobility of our current society. The Episcopal Parish where one is Baptized, Confirmed or



Received is where one's membership is recorded. Membership only changes if the person dies or contacts the Parish and requests a formal letter of transfer to another Episcopal Church (we cannot transfer persons to other denominations except perhaps the ELCA with whom we are in full communion).

One technically cannot concurrently be a member of more than one Parish, and this is where things get confused. In our time, people move frequently and often switch between all manner of Christian communities. Instead of formal handwritten membership registers, we use computerized databases to track membership, contributions and family information. Trying to conform old categories with new technology is an administrative horror show. Yet, our bylaws and the reporting rules of the Episcopal Church require that we track and categorize those who worship here . We also want to be accurate in our Parish Directory and send mailings to people who want to receive them.

To this end, our current policy is to consider one an active member if they attend services here at least three times a year and (as far as we know) consider this to be their Parish Church. In order to be eligible to vote at the Cathedral Annual Meeting, members must also be known to the Treasurer (i.e. they must have made a financial contribution to the Cathedral during the previous calendar year).

In order to share in the Eucharist (Holy Communion) one must have received the sacrament of Baptism by Water and the Holy Spirit (in any Christian Church). Baptism is how one becomes a Christian; to become an Episcopalian one is either confirmed (or received in the case of those previously confirmed by a Bishop in the Roman Catholic or Orthodox churches) by the Bishop during his annual visitation. Once confirmed one is eligible to stand for election to the Vestry and other Diocesan offices.

The bottom line is that everyone is welcome in this place and these various categories are never intended to be barriers to full participation in our common life. We want you to be as engaged as you like in the Cathedral community and we do our very best to communicate with you about the many opportunities for worship, Christian formation and ministry in the wider community. Please let us know if there are ways we could be doing this more effectively.

Our special thanks go to Dan & Barbara LeGardeur for your outstanding leadership of The Hermes Parade Spaghetti Supper!

#### **LECTIONARY TEXTS**

(Sunday Readings)

#### March 4

Exodus 20:1-17 Psalm 19 1 Corinthians 1:18-25 John 2:13-22

#### March 11

Numbers 21:4-9 Psalm 107:1-3, 17-22 Ephesians 2:1-10 John 3:14-21

#### March 18

Jeremiah 31:31-34 Psalm 51:1-13 Hebrews 5:5-10 John 12:20-33

#### March 25

Palm Sunday Isaiah 50:4-9a Psalm 31:9-16 Philippians 2:5-11 Mark 14:1—15:47



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#### Episcopal Diocese of Louisiana

The Right Reverend Morris K. Thompson, Jr., *Bishop* 

#### CHRIST CHURCH CATHEDRAL

The Very Reverend David A. duPlantier, Dean

The Reverend Canon Steven M. Roberts
The Reverend Canon David B. Lowry,
Theologian in Residence

The Reverend W. Gedge Gayle, Jr., Priest Associate

The Reverend Travers C. Koerner, Priest Associate

The Reverend Bridget K. Tierney, Director of Advent House

Mr. Jarrett R. Follette, Canon Precentor Dr. G. Marc Loudon, Assistant Organist Ms. Lisa Wilkie, Parish Administrator Ms. Lisa Sibal,

Executive Assistant to the Dean
Mr. Daniel Terrebonne, Parish Secretary
Ms. Linda Roberts, Facilities Coordinator
Mr. James Jennings, Sexton
Mr. Kevin Kelley, Assistant Sexton
Ms. Karen Miller, Nursery Worker

Submissions for Cathedral publications are always welcome.

\*Items for the April, 2018 issue of *The Canticle* are due March 15.

Please e-mail articles to canticle@cccnola.org.

Send photos to photos@cccnola.org

Sunday bulletin and/or weekly e-blast announcements should be submitted *before noon on Tuesdays* to canticle@cccnola.org.

Christ Church Cathedral 2919 Saint Charles Avenue New Orleans, Louisiana 70115 504.895.6602 504.895.6662 (fax) http://cccnola.org

#### Honorary Canons Non-Residentiary

The Reverend S. Chad Jones Mr. David R. Pitts The Reverend E. Mark Stevenson

#### VESTRY

2018 Kendall Genre, Jesse George Lawrence Marrione, Rick Mithun

2019

Ryan Garrity, Angela Kellum, Dan LeGardeur

2020

Alan Brackett, Laura Brown, Robert Clepper

<u>2021</u>

John Sibal, Steve Smith, Borden Wallace

#### Weekly Liturgies

Sundays

8:00 AM ~ The Holy Eucharist (Spoken) 1928 Prayer Book

10:00 AM ~ The Holy Eucharist (Sung) Rite II (Rite I in Lent) 6:00 PM ~ The Holy Eucharist (Sung)

Real Presence

*Weekdays (M-F)* 12:15 PM ~ The Holy Eucharist

Saturdays

9:30 AM ~ The Holy Eucharist (Spoken) Rite II



Sunday Morning 10 AM Eucharist Live Broadcast on WGSO 990 AM Radio.

Online streaming and downloadable podcast at www.wgso.com
Broadcasts underwritten in part by
St. Martin's Episcopal School.

#### Choral Evensong

Sunday, March 4 4:00 PM

Guest Preacher: The Rev. Andrew Thayer Guest Organist: Mr. Davide Mariano Music of Tallis, Wesley, and others

### Deaconal Ministry in the Diocese of Louisiana

Deacon Jay Albert

Katrina was the Eli/Samuel time for me. I was busy making my life the way I thought it should be and wasn't paying much attention to God beyond Sunday. God loves a good plan but He had a much better one in mind for me. I found a place that gave me the tools and opportunities to make a difference. I get to help others in a way that is so fulfilling. I am involved in several ministries but the one that happens each week is my movie ministry at Bridge House in New Orleans. I have been there over eight years and have met hundreds of men who struggle with addiction. They have taught me so much. They have opened my eyes to see the face of God and shared stories that tear your heart in two. They come from all walks of life and they want to change their lives to just be normal again. We watch movies about addiction and about spirituality. We look for the 12 steps and what God is saying in them. Our time together is on our hopes. They are grateful that someone cares enough to just spend some time and be with them. Sometimes I get to go to the Lantern Light feeding ministry behind St. Joseph's church on Tulane Ave. I get there early so I can walk around the courtyard and just talk and pray with the clients who are there for a meal, perhaps the only one for that day. Amazingly, almost without exception, those who approach me and ask for a prayer, ask for me to pray that they can get a job so they can get off the streets and support themselves and their families. These are the best times for me. I can make a small difference by sharing God's love with those who feel left out of life. Think about your life. Like Samuel, do you hear God calling you to something more in your life?

**Baptism** is a joyous and important event in the life of an individual and our faith community. The Church has designated several Feast days in the calendar as most suit-

able for baptisms. At the Cathedral, we offer baptism on those occasions and other appropriate days too. If you are interested in getting baptized or having your child baptized, please, contact Canon Steven Roberts to make arrangements.

Our next opportunities for baptism are (2nd Sunday of Easter) March 8, 2018-10:00 AM and (Pentecost Sunday) May 20, 2018 – 10:00 AM. Please contact Canon Roberts for more information.





- Michael Martin
- 2 Molly O'Keefe
- 3 Les Kellum
- 4 Charlie Kellum
- 6 Sarah duPlantier
- 7 Sarah LaBauve
- 7 Zachary LaBauve
- 9 Milton Seiler Jr.
- 10 Brittany DesRocher
- 10 Laura Brown
- 13 Kyle Del Hierro
- 13 Kaili Dyson
- 13 Diane Lazarus Van
- 15 David duPlantier
- 16 Leslie Lloyd-Nix

- 17 David Smith
- 18 Abbie Carlson
- 18 Thomas Hayes
- 20 Les Leathem
- 21 Annette Figueroa
- 21 Marie-Louise Spangenberg
- 22 Mimi O'Leary
- 22 Shawyn Mars
- 23 Philip Lazich
- 23 Elizabeth Thomas
- 25 Linda Miller
- 26 Daphne Fahrenholt
- 29 Luana Naylor Smith
- 29 Pam Ricciardi

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord.

If your name isn't listed, we don't have your date of birth in our records. Please send an e-mail to acs@cccnola.org or call the cathedral office and we'll be sure to wish you a Happy Birthday next year!

#### Coffee Hour

Please consider hosting Coffee Hour one Sunday. Drinks are provided by the cathedral and volunteers provide their choice of food. Host with a friend or two. If you have no time to shop and prepare food, donations are always gladly accepted. Back-up refreshment supplies are low and contributions are welcome. For additional information or to

volunteer, contact the Hospitality Committee (co-chairs Annette Figueroa & Judith Loudon). Recent hosts: Annette & Julio Figueroa and Betty Foster.

Many thanks to all!

#### From Advent House

The Rev. Bridget K. Tierney Director of Advent House/ Christ Church Cathedral

What I love about Mardi Gras is the excitement, the noise, the people coming together in joy. Yes, there is a downside and I

gether. It made me think of the Reign of God.

gether in joy. Yes, there is a downside and I understand why some folks leave for the week and maybe I will get tired of it eventually, but not yet! I love the diversity of this city - I reached for beads (remembering from Fr. Steven that they are grace personified) with family, friends, and coworkers, caught up with an out-of-town chorister who was back for a time, met a bishop who had presided over a marriage of two people I had prepared and spent an entire afternoon with people I didn't know - at least not at the beginning. We got soaked together and dried out to-

So much fun - and then, suddenly I am done. Done! I want Lent. I want quiet. I want introspection. I want the outside focus to shift inward, as the Messianic Banquet turns to the scene in the wilderness. Come, Jesus, show me the way. Be with me, draw me close, quiet me down. One of the ways that has always helped me do this kind of spirituality, (which doesn't always come easily to me - while the parading instincts do) is yoga. It's the focusing on my body, stretching, calming, strengthening and then letting go into savasana - "corpse pose."

Recently, one of my teachers read this during this ending pose and it seemed the perfect start to my Lent.

"Breath" by Kabir (15th century Indian mystic poet)

Are you looking for me?

I am in the next seat

My shoulder is against yours.

You will not find me in stupas,

Not in Indian shrine rooms

Nor in synagogues

Nor in cathedrals;

Not in masses, nor in kirtans

Not in legs winding around your own neck,

Nor in eating nothing but vegetables.

When you really look for me,

You will see me instantly

You will find me in the tiniest house of time

Kabir says: Student, tell me what is God?

God is the breath inside the breath.

Amen and Blessed Lent! Bridget+



Daylight Savings Time begins Saturday evening, March 10. Be sure to set your clocks ahead an hour!

## Cultivating Self-Compassion for Healthy Living



Christ Church Cathedral 2919 Saint Charles Avenue - Stuart Hall Sunday, 25th March, 1:00 PM - 4:00 PM Register at LivingWellLung@gmail.com

An interactive workshop introducing compassion as skill. Based on the scholarly teachings of the Dalai Lama and Stanford University. Before being able to truly implement compassion for others, one must engage in compassion for self. Especially during difficult times, it can help reduce stress, anxiety and unproductive self-judgment, while increasing strength to face suffering in one's life and others. The practice of self-compassion enhances communication, the ability to respond to challenges, and appreciate joy. This workshop is for people living with chronic illness and their loved ones; and led by Caroline Campion, MD, MPH, Lara Naughton, MPW, Lesley Ann Saketkoo, MD, MPH

#### 2018 Vestry Nominees

#### JUSTIN MICHAEL ALLEN

Age 41

Family circumstances: Single

Where and when were you baptized and confirmed?

Baptized at Bearden UMC Knoxville, TN in 1982. Confirmed at Christ Church Cathedral (2016)

How did you become part of the Cathedral Community? For me, I was aiming to get back to church, and I wanted to be a part of a church that emphasizes Liturgy and Eucharist. Having been an ELCA Lutheran for a bit, I knew the Episcopal Church was the direction I wanted to go. I tried a few churches uptown, but the cathedral always spoke to me with its beauty and welcoming spirit. Also, the Eucharist, liturgy, and music sold me on this parish.

From that moment, I began to attend regularly. It was sometime later, after Vision Quest, that Steven Roberts approached me about being an acolyte. Once I met with Steve Smith and Alan Brackett, I gave it a try and loved it. Serving in mass has become my avenue to a closer relationship with Christ.

In what Cathedral ministries have you been a participant? I have been an acolyte now for 5 years. I absolutely love being the thurifer.

What appeals to you about serving on the Vestry?

I feel the church has given me so much and I would like to serve the church in return. I have gotten to know a few of our vestry members currently, and I love their drive and passion for this place.

Is there any other information that you think would be helpful to the electing membership?

If elected or asked to serve, I will put my talents and best foot forward towards steering this congregation in the direction we want to go.

#### **MELISSA MONTERO**

Age 39

Family circumstances
Married with two daughters
(Isabella, 11, and Olivia, 9)

Where and when were you baptized?
Des Moines, IA;
February 4, 1979





How did you become part of the Cathedral Community? Our family joined the Cathedral in late 2014, looking for a church home. We found the Cathedral to be a welcoming community of believers, and we knew that God had provided a place for us to worship and grow together.

In what Cathedral ministries have you been a participant? I have participated in serving Oblations, Lector and Intercessor, as well as helping cook for a few church outreach events. I also help chair the Parents Committee.

What appeals to you about serving on the Vestry? I am humbled to be asked to serve on the Vestry. I think this would be an excellent way to grow in my faith, and see how God moves in our Cathedral community. I would like to explore how my gifting might serve the church in a broader way.

#### JENNIFER O'BRIEN

Age: 30

Family Circumstances: Engaged.

Where and when were you baptized and confirmed?

Baptism: St. Dunstan's Episcopal Church, McLean, VA (1995)

Confirmation: St. Wilfrid's Episcopal Church, Huntington Beach, CA (2001)



How did you become part of the Cathedral Community? After college, I was searching for a church home. I attended a few different churches, which all had their merits, but only at the Cathedral was I so warmly welcomed. It was an easy call at that point to end my search, and the Cathedral has been an important part of my life ever since.

In what Cathedral ministries have you been a participant? The choir, Music Committee (chair), the Finance Committee.

What appeals to you about serving on the Vestry? The Cathedral is growing and I'm excited to be a part of that! We have a lot of opportunities to share God's grace with each other and our wider community, and I see the vestry leading in that endeavor.



#### **VOTE FOR US!**

We're participating in a Community Rewards Contest!

Jericho Road Episcopal Housing Initiative is excited to be participating in Gulf Coast Bank & Trust Company's 6th Annual Community Rewards program! We have the opportunity to win up to \$30,000 to further funding our newly developed Young Adult Workforce Development program. The Community Rewards Program is an online contest that rewards a total of \$75,000 to the top 10 non-profit organizations voted on by the community. The non-profit organization that receives the most votes will not qualify to register for Community Rewards until 2020, two years after. Voting starts March 5 through March 29.

#### ALL WE NEED YOU TO DO IS VOTE.

Look out for more information on Jericho Road's Facebook: @JerichoRoad, and website: www.jerichohousing.org, regarding this great opportunity to contribute to your church community by just a few clicks of a button.

For more information about this effort and Jericho Road's work, please contact Peter Davis at 504-293-2887 or via e-mail at development@jerichohousing.org.

Thank you for supporting the young adults of our GREAT city!

We aren't just building homes, we are building a community!



#### "Ominous"

#### The Rev. Susan Gaumer

As I descended the steps of Christ Church Cathedral on Sunday I noticed a young man approaching talking on his cellphone. I heard him say "Oh that noise—that's organ music coming from a church I am walking by. It sounds a bit



ominous!" He was right; it did sound ominous—splendidly so—the crashing notes of full organ rattling the timbers all the way out to the sidewalk—the sort of overwhelming sound that might make you wonder, or fear, just what was going on in there?

An answer, my answer, is that God is what was going on in Christ Church Cathedral that morning-God, whom we have domesticated and diminished to the level of a "controlled substance" to be meted out carefully to those who partake wisely with caution, like sipping a single malt Scotch-not too fast, not too much, or you might find yourself in trouble, inebriated, out of control. There is a polite staidness in our congregations that suggests we either have not heard what God is really all about or that we are afraid to face the truth that God is more mysterious and powerful than we are comfortable admitting. Or maybe that's all we can take on a sunny Sunday morning-a little sip to quiet our nerves, to remind us that we are loved, and that we really have nothing to fear. Those are important reasons to be there, but they are not all, for God, whose interactions with humankind described in the majestic readings from scripture we hear every Sunday, is anything but domesticated or diminished.

Over a century ago a German theologian named Rudolph Otto wrote a little book about Christian religious experience he titled "The Idea of the Holy." Years ago I came across it and found it to be foundational to my understanding about the God I had encountered first as a child and then again and again as I matured. Otto used the Latin phrase *mysterium tremendum* to describe encounters with the holy—a sense of unfathomable mystery accompanied by an acknowledgment that what was encountered was so powerful as to be frightening and at the same time fascinating—both drawing us in and at the same time making us want to keep a safe distance; "awe" comes close.

It occurs to me that whatever safety from the power of the Word our minds might construe, music has the power to penetrate that wall and to put us in that proper place where we remember that we are in the presence of that mysterious and powerful "other" that our souls need so desperately. We human beings are the ones diminished and domesticated, but God surely isn't. We don't need a god who is like us, but one who puts us in our place, who finds us and forgives us and pulls us up into God's own self, redeeming us for all eternity. God whose magnificent and frightening power draws us in closer and closer, so that even we sinful creatures are rendered holy.

The guy on the cellphone got it right. What was going on in there was ominous indeed, and may that glorious noise continue forever.

Susan+

#### **Music Notes**

#### Jarrett Follette, Canon Precentor

My thanks to the choir in advance for the volume of glorious music you will sing during Lent and Eastertide. Just to whet your appetite ...

#### March 4

- Beati Quarum Via C.V. Stanford
- Let my complaint come before thee Adrian Batten

#### Evensong

- Preces & Responses William Smith
- Psalm 34 Setting by Thomas Norris
- Agnus Dei Thomas Morley
- Wash me throughly S.S. Wesley
- Magnificat & Nunc dimittis Thomas Tallis

#### March 11

- God so loved the world Bob Chilcott
- God so loved the world John Stainer

#### March 18

- Christus factus est Anton Bruckner
- Miserere mei William Byrd

#### March 25

- Crucifixus Antonio Lotti
- Proof Les Leathem

#### March 29 (Maundy Thursday)

- Ubi caritas James Biery
- Verily, Verily, I say unto you Thomas Tallis

#### March 30 (Good Friday)

- Psalm 22 Plainchant
- The Reproaches Victoria
- Nolo mortem peccatoris Morley

#### April 1 (Easter)

- This is the day Anon
- Alleluia Randall Thompson
- Hallelujah from Mount of Olives Beethoven
- Christ our Passover Rickard

Finally - several of the cathedral's youngest members have expressed interest in learning more about the organ. I am always happy to have visitors at the organ during church - provided that they bring a parent and can be relatively still!

# LIFT YOUR GAZE - LIFT YOUR HEART YOGA IN THE CATHEDRAL

Cathedrals evolved to become spaces which invite the eyes and the heart to lift toward the heavens. The arches point the way for eyes to lift; the stained light from windows high above entice the vision higher; and the lofty vaulted ceilings complete the illusion.



Yoga teaches that the heart follows the eyes. This yoga practice will focus on opening the heart to loving kindness, accepting the human-ness of our selves and others and creating a lightness in the heart. But 'you gotta move' to teach your heart to open.

All Levels of Experience are Welcome

Every Tuesday 5:30 pm – 6:30 pm Cost: FREE (Donations are welcomed but are not required)

What to Wear: Comfortable, layered clothing

What to Bring: A yoga mat



Spring Adult Education - "Early Christian Literature that didn't get into the New Testament"

"Twenty-seven books were accepted by the Church as the "New Testament." Many other books were written in the first century that didn't get into the approved scripture of the Church. Many of the 'non-canonical' texts were very much respected, but didn't

make the cut; others were scurrilous and deserved to be 'thrown-aside.' In this offering we will read and discuss some of the 'good' books and some of the 'bad' books. The texts can be found in two readily available and very reasonably priced anthologies. The first is Cyril Richardson (ed.) Early Christian Fathers (Library of Christian Classics, vol. 1) and the second is Lost Scriptures: The Books that did not Make it into the New Testament (Bart Ehrman, ed). Both books are available from Amazon at less than \$10 each. The sessions will meet on Wednesday afternoons, February 28, March 7, 14, 21 and April 11, 18 and 25. There will also be a single day session on Saturday,

# MARK YOUR CALENDAR

March 4 - 4:00 PM - Choral Evensong

March 11 - Daylight Savings Time Begins 11:15 AM - Annual Parish Meeting

March 25 - Palm Sunday

8:00, 10:00, 6:00 - The Holy Eucharist 1:00 - Cultivating Self-Compassion for Healthy Living

March 26, 27, 28

Holy Monday, Tuesday, Wednesday 6:00 PM ~ The Holy Eucharist (Real Presence)

March 29 ~ Maundy Thursday 6:00 PM ~ The Holy Eucharist

March 30 ~ Good Friday Noon ~ Good Friday Liturgy April 1 ~ Easter Day 8:00, 10:00 ~ The Holy Eucharist

May 10 - Ascension Day Choral Evensong at 6:00 PM May 20 - *The Day of Pentecost* with picnic following the 10:00 Eucharist