

From The Dean . . .

What are the three most important lessons that you have ever learned, and how did you learn them?

As a new year, a new decade begins; let's look to the past for a moment. It is received wisdom that the angels and demons from our history will often inform our present, and shape our future, even if they take somewhat different shapes and forms over the course of our life. Each of us is an individual creation of the Almighty, and, although we have much in common with our fellow humans, we are unique in our particular life experience and journey.

When one is baptized, we remember aloud that it is a baptism first into Christ's death, that through his death we may share in the promise of His resurrection. You have made it to this point in your life by engaging myriad challenges and obstacles; not death per se, but certainly times of feeling overwhelmed and hopeless. No one enjoys these low points, but they can prove pivotal, inviting us to see that it is only by God's grace that we exist at all and that whatever becomes of us, in life or death, we are covered under the "shadow of His wings" as the psalmist so profoundly says.

You are far more than the sum of your experiences, yet it is in the fullness of our past that we find tools to guide us through the present. What do you treasure most about your life thus far? Use this as a point of departure for orienting your future toward similar energy. When we ask God to be our ruler and guide, He opens a path before us leading ever deeper into His sheltering and redeeming love.



THE CANTICLE



Qal+

THE
EPISCOPAL
CHURCH



WELCOMES YOU



Thank you choir!!

LECTIONARY TEXTS
(Sunday Readings)

January 5

Jeremiah 31:7-14
Psalm 84:1-8
Ephesians 1:3-6, 15-19a
Matthew 2:1-12

January 12

Isaiah 42:1-9
Psalm 29
Acts 10:34-43
Matthew 3:13-17

January 19

Isaiah 49:1-7
Psalm 40:1-12
1 Corinthians 1:1-9
John 1:29-42

January 26

Isaiah 9:1-4
Psalm 27:1, 5-13
1 Corinthians 1:10-18
Matthew 4:12-23



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EPISCOPAL DIOCESE OF LOUISIANA

The Right Reverend
Morris K. Thompson, Jr., *Bishop*

CHRIST CHURCH CATHEDRAL

The Very Reverend David A. duPlantier,
Dean

The Reverend Canon Steven M. Roberts
The Reverend Canon David B. Lowry,
Theologian in Residence

The Reverend Travers C. Koerner,
Priest Associate

The Reverend Dr. Minka Shura Sprague,
Priest Associate

The Reverend Bridget K. Tierney,
Director of Advent House

Mr. Jarrett R. Follette, *Canon Precentor*
Dr. G. Marc Loudon, *Assistant Organist*

Ms. Lisa Wilkie, *Parish Administrator*
Ms. Lisa Sibal,

Executive Assistant to the Dean
Ms. Mary Lynn LeBlanc,

Administrative Assistant

Mr. Daniel Terrebonne, *Parish Secretary*
Mr. James Jennings, *Sexton*

Ms. Karen Miller, *Nursery Worker*

Ms. Kerry Hayes, *Nursery Worker*

Ms. Isabelle Marrier, *Nursery Worker*

Ms. Dorothy Phillips, *Sunday Sexton*

Submissions for Cathedral publications
are always welcome.

*Items for the February, 2020 issue of
The Canticle are due January 15.

Please e-mail articles to
canticle@cccnola.org.

Send photos to
photos@cccnola.org

Sunday bulletin and/or weekly e-blast
announcements should be submitted
before noon on Tuesdays to
canticle@cccnola.org.

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<http://cccnola.org>

**HONORARY CANONS
NON-RESIDENTIARY**

The Reverend S. Chad Jones
Mr. David R. Pitts
The Reverend E. Mark Stevenson

VESTRY

2020

Alan Brackett (Senior Warden),
Laura Brown (Secretary),
Karen Whitfield

2021

John Sibal (Junior Warden),
Jethro Celestin, Borden Wallace

2022

Justin Allen, Melissa Montero,
Jennifer O'Brien-Brown (Treasurer)

2023

Les Leathem, Charles Meade,
Judson Mitchell

Weekly Liturgies

Sundays

8:00 AM ~ The Holy Eucharist (Spoken)
1928 Prayer Book

10:00 AM ~ The Holy Eucharist (Sung)
Rite II (Rite I in Lent)

6:00 PM ~ The Holy Eucharist (Sung)
Real Presence

Weekdays (M-F)

12:15 PM ~ The Holy Eucharist

Saturdays

9:30 AM ~ The Holy Eucharist (Spoken)
Rite II

WGSO 990AM

Sunday Morning 10 AM Eucharist
Live Broadcast on WGSO 990 AM
Radio.
Online streaming and downloadable
podcast at www.wgso.com

Compassion Cultivation Training

8-weeks of 2-hour classes created at Stanford University with Caroline Campion, MD, and William Thiele, PhD



New Classes begin January 8, 2020, 5:30-7:30 pm, and January 9, 12-2 pm
3924 St. Charles Avenue, New Orleans
For Information or Registration:
William.thiele56@gmail.com

We R Righting Group Workshop:
Building Community through Writing
with Ellen Morris Prewitt, author and founder
1/24/20, 9 am-12 noon

Information: William.thiele56@gmail.com

Thanks to all of you who have donated flowers for the cathedral and chapel. There are still opportunities for you to donate flowers in memory or thanksgiving of loved ones. Please sign up on the sheet in Stuart Hall or for more information, contact Sandy Jackson - (504) 717-3185 - sditta@tulane.edu.

Holiday Party

Friday, January 3

6:00 - 8:00 PM

The Home of Barbara Mangum
500 Hector Avenue
Metairie, LA

Altar Flower Donations



O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord.

- | | |
|-------------------------|--------------------------|
| 2 - Diane Genre | 20 - Sandy Jackson |
| 2 - Brandon Cline | 20 - Laurie St. Paul |
| 5 - Jen Jones | 21 - Yvonne Browning |
| 6 - George Haynes | 21 - Carol Butcher |
| 8 - Andrew Poland | 21 - Sarah Morris |
| 10 - Andrew Spangenberg | 21 - Robin Werner |
| 10 - Harlan Bush | 21 - Liam Whalen |
| 12 - Amelia Airey | 24 - Michael Martin |
| 16 - Delta Dwyer | 27 - John Woynicki |
| 17 - Sam Kellum | 28 - Lucille Whitley |
| 17 - Todd Meyer | 29 - Donovan Airey |
| 18 - Ricky Dunn | 29 - Kendall Genre |
| 19 - Steven Klein | 29 - Jackie Gunter |
| 19 - Renee Nicholl | 30 - Judson Mitchell III |
| 19 - Chris Waltermann | 31 - Vikki Shofstahl |

If your name isn't listed, we don't have your date of birth in our records. Please send an e-mail to acs@cccnoia.org or call the cathedral office and we'll be sure to wish you a Happy Birthday next year!

LIFT YOUR GAZE - LIFT YOUR HEART YOGA IN THE CATHEDRAL

Cathedrals evolved to become spaces which invite the eyes and the heart to lift toward the heavens. The arches point the way for eyes to lift; the stained light from windows high above entice the vision higher; and the lofty vaulted ceilings complete the illusion.

Yoga teaches that the heart follows the eyes. This yoga practice will focus on opening the heart to loving kindness, accepting the human-ness of our selves and others and creating a lightness in the heart. But 'you gotta move' to teach your heart to open.

All Levels of Experience are Welcome

*Every Tuesday
5:30 pm - 6:30 pm*

Cost: FREE (Donations are welcomed but are not required)

What to Wear: Comfortable, layered clothing

What to Bring: A yoga mat



Coffee Hour

Please consider hosting Coffee Hour one Sunday. Drinks are provided by the cathedral and volunteers provide their choice of food. Host with a friend or two. If you have no time to shop and prepare food, donations are always gladly accepted. Back-up refreshment supplies are low and contributions are welcome. For additional information or to volunteer, contact the Hospitality Committee (co-chairs Annette Figueroa & Judith Loudon). *Many thanks to all!*



MARK YOUR CALENDAR

Friday, January 3
Holiday Party at the home of Barbara Mangum
6:00 - 8:00

Tuesday, January 14
Adam Cobb, Organist, In Concert
playing the Nativity Suite by Olivier Messiaen

February 14-16; February 19-25
Mardi gras parades on Saint Charles Ave.

Friday, February 21
Hermes Parade Party

Sunday, February 23
Parade Sunday
Services at 8:00 and 9:00 only

Wednesday, February 26
Ash Wednesday
Services at the Cathedral at 7:30 AM, 12:15 PM and 6:00 PM
Ashes to go at locations around the city.

Sunday, March 15
Annual Parish Meeting and Election of Officers

Sunday, April 12
Easter Day