

# The Fifth Sunday in Lent

April 7, 2019

10:00 AM



The Holy Eucharist, Rite I

Celebrant & Preacher - The Very Reverend David Allard duPlantier, *Dean*

*It is the tradition of the Episcopal Church to maintain silence in the worship area so that people may pray. Please help us preserve an atmosphere of quiet reverence before worship begins, remembering to turn pagers and cell phones off; let the music of the opening voluntary quiet your thoughts as you prepare for worship. Children, Kindergarten through 6th grade are invited to the Martin Room for breakfast and Children's Church. They will return at The Peace. An usher will be happy to assist you with directions.*

## The Word of God

OPENING VOLUNTARY - O Gott, du frommer Gott, (*O God, you righteous God*), Opus 122 ..... Johannes Brahms

*When the bell sounds, please stand and join in singing*

PROCESSIONAL HYMN #398 - I sing the almighty power of God.....*Forest Green*

### A PENITENTIAL ORDER

Prayer Book, Page 319

*Celebrant* Bless the Lord who forgiveth all our sins.

*People* His mercy endureth for ever.

### THE CONFESSION AND ABSOLUTION

Prayer Book, Page 320

*Celebrant* Let us humbly confess our sins unto Almighty God.

*Silence may be kept*

Most merciful God, we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.

### LORD HAVE MERCY *Kyrie eleison*

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, have mer - cy up - on us.  
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

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## THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* And with thy spirit.

*Celebrant* Let us pray.

O Almighty God, who alone canst order the unruly wills and affections of sinful men: Grant unto thy people that they may love the thing which thou commandest, and desire that which thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

## THE FIRST LESSON ~ Isaiah 43:16-21

Thus says the Lord, who makes a way in the sea, a path in the mighty waters, who brings out chariot and horse, army and warrior; they lie down, they cannot rise, they are extinguished, quenched like a wick: Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert. The wild animals will honour me, the jackals and the ostriches; for I give water in the wilderness, rivers in the desert, to give drink to my chosen people, the people whom I formed for myself so that they might declare my praise.

*Lector* The Word of the Lord.

*People* Thanks be to God.

*The choir sings*

## PSALM 126 *In convertendo*

- |   |  |   |  |
|---|--|---|--|
| 1 | When the Lord restored the fortunes of Zion, * | 5 | Restore our fortunes, O Lord, *                      |
|   | then were we like those who dream.             |   | like the watercourses of the Negev.                  |
| 2 | Then was our mouth filled with laughter, *     | 6 | Those who sowed with tears *                         |
|   | and our tongue with shouts of joy.             |   | will reap with songs of joy.                         |
| 3 | Then they said among the nations, *            | 7 | Those who go out weeping, carrying the seed, *       |
|   | “The Lord has done great things for them.”     |   | will come again with joy, shouldering their sheaves. |
| 4 | The Lord has done great things for us, *       |   |  |
|   | and we are glad indeed.                        |   |  |

Setting by Ivor Algernon Atkins

## THE SECOND LESSON ~ Philippians 3:4b-14

If anyone else has reason to be confident in the flesh, I have more: circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless. Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead. Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

*Lector* The Word of the Lord.

*People* Thanks be to God.

*Please stand.*

*The choir sings the*

## TRACT - Psalm 129 *Sape expugnaverunt*

- |   |  |   |                                   |
|---|--|---|-----------------------------------|
| 1 | “Greatly have they oppressed me since my youth,” * | 3 | The plowmen plowed upon my back * |
|   | let Israel now say;                                |   | and made their furrows long.      |
| 2 | “Greatly have they oppressed me since my youth, *  | 4 | The LORD, the Righteous One, *    |
|   | but they have not prevailed against me.”           |   | has cut the cords of the wicked.  |

- 5 Let them be put to shame and thrown back, \*  
all those who are enemies of Zion.  
6 Let them be like grass upon the housetops, \*  
which withers before it can be plucked;

- 7 Which does not fill the hand of the reaper, \*  
nor the bosom of him who binds the sheaves;  
8 So that those who go by say not so much as,  
“The LORD prosper you. \*  
We wish you well in the Name of the LORD.”

**THE HOLY GOSPEL ~ John 12:1-8**

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Luke.  
*People* Glory be to thee, O Lord.

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus’ feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, “Why was this perfume not sold for three hundred denarii and the money given to the poor?” (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, “Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me.”

*Deacon* The Gospel of the Lord.  
*People* Praise be to thee, O Christ.

**THE SERMON**

**THE NICENE CREED**

Prayer Book, Page 326

**THE PRAYERS OF THE PEOPLE**

Prayer Book, Page 328

**THE PEACE**

*Celebrant* The peace of the Lord be always with you.  
*People* And with thy spirit.

**The Liturgy of the Table**

**ANTHEM**

- |   |  |
|---|--|
| 1 Jesus, so lowly, Child of the earth;<br>Christen me wholly, Bring me new birth. | 2 Jesus, so lonely, weary and sad;<br>Teach me that only Love maketh glad.     |
| 3 Jesus, so broken, Silent and pale;<br>Be this the token Love will not fail.     | 4 Jesus, victorious, mighty and free;<br>Teach me how glorious death is to be. |

Music: Harold Friedell (1905-1958)  
Text: Edith Williams

*Please stand and sing*

**OFFERTORY HYMN #382 ~ King of glory, King of peace ..... General Seminary**

**THE GREAT THANKSGIVING ~ Eucharistic Prayer I**

Prayer Book, Page 333

**SURSUM CORDA**

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first two staves are for the Celebrant and the People, and the last two are for the Celebrant and the People respectively. The lyrics are: "The Lord be with you. And with thy spi - rit. Lift up your hearts. We lift them up un - to the Lord. Let us give thanks un - to our Lord God. It is meet and right so to do."

SANCTUS & BENEDICTUS

Ho - ly, ho - ly, ho - ly, Lord God of  
Hosts: Hea - ven and earth are full of thy glo - ry. Glo -  
- ry be to thee, O Lord Most High. Bless - ed is he that com - eth  
in the name of the Lord. Ho - san - na in the high - est.

*The people kneel or stand.*

THE EUCHARISTIC CANON

THE LORD'S PRAYER

THE BREAKING OF THE BREAD

THE FRACTION ANTHEM

O Lamb of God, that ta - kest a -  
way the sins of the world, have mer - cy up -  
on us. O Lamb of God, that  
ta - kest a - way the sins of the world, have  
mer - cy up - on us. O Lamb of  
God, that ta - kest a - way the sins of the  
world, grant us thy peace.

Prayer Book, Page 334

Prayer Book, Page 336

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## THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

## THE INVITATION TO AND DISTRIBUTION OF HOLY COMMUNION

*All persons are welcome at the Lord's table; to receive Holy Communion or a Blessing. Baptized Christians of all ages and denomination may receive the elements. To receive a blessing rather than the elements, cross your arms over your chest as you kneel at the altar rail. To receive communion please hold out your crossed hands, open palms up, for the bread, and then help guide the chalice to your lips to receive the wine; cross your arms over your chest if you do not wish to receive the wine. Please blot lipstick before drinking from the chalice. You may also allow the chalice minister to dip the bread into the wine and place it on your tongue and it is permissible to receive only the bread if you like.*

## ANTHEM

O bone Jesus! miserere nobis,	<i>O good Jesus! have mercy on us,</i>
quia tu creasti nos;	<i>for you have created us;</i>
tu redemisti nos	<i>you have redeemed us</i>
sanguine tuo praetiosissimo.	<i>by your most precious blood.</i>

Music: Marco Antonio Ingegneri (c. 1547 - 1592)

*Please join in singing*

**HYMN #313** ~ Let thy Blood in mercy poured..... *Jesus, meine Zuversicht*

*Please join in saying*

**POST-COMMUNION PRAYER**

Prayer Book, Page 339

## SOLEMN PRAYER OVER THE PEOPLE

Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; through Christ our Lord. *Amen.*

## WELCOME AND ANNOUNCEMENTS

**HYMN #471** ~ We sing the praise of him who died..... *Breslau*

## THE DISMISSAL

*People* Thanks be to God.

**CLOSING VOLUNTARY** ~ Passacaglia: Procession to the Tomb *from The Seven Last Words and Triumph of Christ*..... Pamela Decker

## COPYRIGHTS

The Mass setting is from *Missa de Sancta Maria Magdalena* by Healey Willan (1880-1968), reprinted from *the Hymnal 1982*.

## ANNOUNCEMENTS

***Palm Sunday is next week.*** Please note that the 10:00 liturgy begins in the cloister garden. Plan to arrive in time to take part in the procession to the cathedral.

### *Save the dates*

- Sunday, April 21 - Easter Day
- Tuesday, April 30 - Combined Choir Concert ~ The Chichester Psalms of Leonard Bernstein - 7:00 PM
- Thursday, May 30 - Choral Evensong for Ascension Day - 6:00 PM

***If you would like to make a contribution toward the Easter Flower array*** in honor of, or in memory of a loved one, please clearly note this on a check or an Easter Flower envelope - return it to the Cathedral office by Friday, April 12. Names will be listed in the Easter service leaflets. Many thanks!

***Help on Easter Sunday*** - Stems of cut flowers, any color or kind, are needed for the Flowering of the Cross (at the beginning of the Eucharist), finger foods are needed for coffee hour, and individually-wrapped candy is needed for our Easter Egg Hunt (following the 10:00 Eucharist). If you can help with any of these items, please sign up on the sheets provided in the cathedral, chapel or on the main bulletin board. Many thanks!

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*Lenten Adult Study Opportunity with The Theologian in Residence: The Confounding Mystery of the Trinity* ~ The weekday sessions will meet at 2:00 pm on Wednesdays, concluding on April 10. The Saturday session will meet on May 4 at 10 AM.

*Donors needed for Altar Flowers* in Cathedral and Chapel - Please sign up today on the chart next to Stuart Hall, or for more information, contact Sandy Jackson - [sditta@tulane.edu](mailto:sditta@tulane.edu).

*Please consider hosting Coffee Hour* after a 10:00 AM Sunday Eucharist. This is a vital part of our ministry. The sign-up sheet is next to Stuart Hall on the bulletin board.

*If you or a family member is hospitalized or shut-in*, please contact the parish secretary during office hours or call one of us directly on our mobile phones at any time and leave a voice message if necessary. If the situation is not urgent you may also contact use via email (copying the parish secretary as well.) Please DO NOT use text messages, Facebook or any other instant message platform to communicate sensitive or urgent information, as their reliability is inconsistent.

April 14 - Palm Sunday  
8:00, 10:00, 6:00 ~ The Holy Eucharist

Monday, April 15  
11:00 AM Chrism Mass

April 15, 16, 17  
Holy Monday, Tuesday, Wednesday  
6:00 PM ~ The Holy Eucharist (Real Presence)

April 18 ~ Maundy Thursday  
6:00 PM ~ The Holy Eucharist with Washing of Feet and Stripping of the Altar

April 19 ~ Good Friday  
Noon ~ Good Friday Liturgy with Communion from the Reserved Sacrament

April 21 ~ Easter Day  
8:00, 10:00 ~ The Holy Eucharist

May 30 - Ascension Day  
Choral Evensong at 6:00 PM

June 9 - The Day of Pentecost  
with picnic following the 10:00 Eucharist

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*Thank you for supporting the ongoing Cathedral ministries*



## Life Transformed: The Way of Love in Lent - Rest

Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from *Life Transformed: The Way of Love in Lent*. Learn more at [episcopalchurch.org/life-transformed](http://episcopalchurch.org/life-transformed).

### READ Ezekiel 37:1-14

We do not live in a culture that encourages REST. All too often, we are forced to work harder and longer hours, and it shows in our health. Yet, from the beginning, God – who rested on the seventh day of creation – set rest into the pattern of all life. Truly practicing the Way of Love means spending time with God in sabbath rest. Not everyone has the luxury of long breaks and vacations, or even days off. Still, we can help each other find ways internally to pause and receive the gift of sabbath. The act of rest and restoration is a part of the cycle of rebirth that is God’s hope for us and gift to us.

In the exciting story of the Valley of the Dry Bones, we hear the way God sent God’s breath, the Holy Spirit, onto a field of bones. That very breath was enough to reanimate them and bring them back to fullness of life. Making sabbath rest has the same impact. Sabbath rest provides the opportunity for God to refresh us, to breathe new life into us. When we neglect sabbath time with God, we can begin to feel withered and tired, just like those dry bones. This is no coincidence. When we constantly run from activity to activity without breathing and returning to God, we become depleted and dry.

The gospels record numerous times when Jesus retreated to a place of sabbath to reconnect with God and to receive the strength he needed to continue his ministry. In Luke 5 when the news about Jesus spread and crowds gathered around him, Jesus withdrew and prayed. Studies have shown that people who take regular breaks from work have higher rates of creativity and productivity. It should come as no surprise that the ritual of baptism follows the pattern of death into life – that is the sabbath cycle in action.

**REFLECT:** It has been said that we don’t take a sabbath, but rather make sabbath. Rest is an intentional act. Do you currently have a practice of reserving a block of time each day, week, or month for sabbath rest? If so, how does it restore you? If not, what has the effect of that lack felt like? Lent is a chance to reevaluate our patterns of living. Is God calling you to explore the gift of sabbath this Lent?



**THE WAY OF LOVE**  
*Practices for Jesus-Centered Living*

## EPISCOPAL DIOCESE OF LOUISIANA

The Right Reverend Morris K. Thompson, Jr., *Bishop*

### CHRIST CHURCH CATHEDRAL

The Very Reverend David A. duPlantier, *Dean*

The Reverend Canon Steven M. Roberts

Mr. Jarrett R. Follette, *Canon Precentor*

The Reverend David B. Lowry, *Theologian in Residence*

The Reverend Travers C. Koerner, *Priest Associate*

The Reverend Dr. Minka Shura Sprague, *Priest Associate*

The Reverend Bridget K. Tierney, *Director of Advent House*

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Ms. Lisa Sibal, *Executive Assistant to the Dean*

Ms. Linda Roberts, *Facilities Coordinator*

Mr. Daniel Terrebonne, *Parish Secretary*

Mr. Kevin Kelley, *Assistant Sexton*

### VESTRY

#### 2020

Alan Brackett (Senior Warden), Laura Brown (Secretary),  
Karen Whitfield

#### 2021

John Sibal (Junior Warden), Jethro Celestin, Borden Wallace

#### 2022

Justin Allen, Melissa Montero,  
Jennifer O'Brien-Brown (Treasurer)

#### 2023

Les Leathem, Charles Meade, Judson Mitchell



Sunday Morning 10 AM Eucharist  
Live Broadcast on WGSO 990 AM Radio.  
Online streaming and downloadable  
podcast at [www.wgso.com](http://www.wgso.com)  
Broadcasts underwritten in part by  
St. Martin's Episcopal School.

## THE WEEK OF APRIL 7, 2019

### SUNDAY

8:00 AM The Holy Eucharist (1928 Prayer Book)  
9:45 AM Children's Church  
10:00 AM The Holy Eucharist, Rite II (Sung)  
11:15 AM Coffee Hour (Stuart Hall)  
6:00 PM REAL PRESENCE

### MONDAY

12:00 PM Al-Anon Meeting (Advent House)  
12:15 PM The Holy Eucharist (Chapel)  
1:00 PM Book Club (Advent House)  
5:30 PM Bodytime Bootcamp (Stuart Hall)

### TUESDAY

9:30 AM Staff Meeting (Westfeldt Room)  
12:15 PM The Holy Eucharist (Chapel)  
5:30 PM Bodytime Bootcamp (Stuart Hall)  
5:30 PM Yoga (Cathedral)  
6:45 PM Seekers Book Study (Advent House)

### WEDNESDAY

11:30 AM Contemplative Prayer (Advent House)  
12:15 PM The Holy Eucharist (Chapel)  
1:00 PM Education for Ministry (Westfeldt Room)  
2:00 PM Canon Lowry's Study of the Trinity  
7:00 PM Choir Rehearsal

### THURSDAY

10:00 AM Cathedral Tours  
12:00 PM Alcoholics Anonymous (*Women Only*)  
12:15 PM The Holy Eucharist (Chapel)  
5:30 PM Bodytime Bootcamp (Stuart Hall)

### FRIDAY

12:15 PM The Holy Eucharist (Chapel)

### SATURDAY

9:30 AM The Holy Eucharist (Chapel)  
9:30 AM Centering Prayer (AH)  
10:00 AM Erascism (Westfeldt Room)

### SUNDAY

8:00 AM The Holy Eucharist (1928 Prayer Book)  
9:45 AM Children's Church  
10:00 AM The Holy Eucharist, Rite II (Sung)  
11:15 AM Coffee Hour (Stuart Hall)  
6:00 PM REAL PRESENCE

## CHRIST CHURCH CATHEDRAL

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*Please remember Christ Church Cathedral in your will.*