

# The Third Sunday in Lent

March 24, 2019

10:00 AM



## The Holy Eucharist, Rite I

Celebrant - The Reverend Bridget K. Tierney

Preacher - The Very Reverend David A. duPlantier, *Dean*

*It is the tradition of the Episcopal Church to maintain silence in the worship area so that people may pray. Please help us preserve an atmosphere of quiet reverence before worship begins, remembering to turn pagers and cell phones off; let the music of the opening voluntary quiet your thoughts as you prepare for worship. Children, Kindergarten through 6th grade are invited to the Nursery for breakfast and the Good Shepherd Atrium for Christian Formation. They will join us in the cathedral at The Peace. An usher will be happy to assist you with directions.*

## The Word of God

**OPENING VOLUNTARY** - Ich ruf zu dir, Herr Jesu Christ, BWV 639 .....Johann Sebastian Bach  
*I call on thee, Lord Jesus Christ*

*When the bell sounds, please stand and join in singing*

**PROCESSIONAL HYMN #404** - We will extol you, ever-blessed Lord ..... *Old 124th*

### A PENITENTIAL ORDER

Prayer Book, Page 319

*Celebrant* Bless the Lord who forgiveth all our sins.

*People* His mercy endureth for ever.

### THE CONFESSION AND ABSOLUTION

Prayer Book, Page 320

*Celebrant* Let us humbly confess our sins unto Almighty God.

*Silence may be kept*

Most merciful God, we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.

### LORD HAVE MERCY *Kyrie eleison*

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, have mer - cy up - on us.  
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

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## THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* And with thy spirit.

*Celebrant* Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

## THE FIRST LESSON ~ Exodus 3:1-15

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

*Lector* The Word of the Lord.

*People* Thanks be to God.

*The choir sings*

## PSALM 63:1-8 *Deus, Deus meus*

- |   |   |
|---|---|
| 1 O God, you are my God; eagerly I seek you; *<br>my soul thirsts for you, my flesh faints for you,<br>as in a barren and dry land where there is no water. | 5 My soul is content, as with marrow and fatness, *<br>and my mouth praises you with joyful lips, |
| 2 Therefore I have gazed upon you in your holy place, *<br>that I might behold your power and your glory.   | 6 When I remember you upon my bed, *<br>and meditate on you in the night watches.                 |
| 3 For your loving-kindness is better than life itself; *<br>my lips shall give you praise.  | 7 For you have been my helper, *<br>and under the shadow of your wings I will rejoice.            |
| 4 So will I bless you as long as I live *<br>and lift up my hands in your Name.   | 8 My soul clings to you; *<br>your right hand holds me fast.                                      |

Setting: Ivor Algernon Atkins

## THE SECOND LESSON ~ 1 Corinthians 10:1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things

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happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

*Lector* The Word of the Lord.

*People* Thanks be to God.

*Please stand.*

*The choir sings the*

**TRACT** - Psalm 42:1-7 *Quemadmodum*

- |   |  |
|---|--|
| 1 As the deer longs for the water brooks, *                 | 5 With the voice of praise and thanksgiving, *   |
| so longs my soul for you, O God.                            | among those who keep holy day.                   |
| 2 My soul is athirst for God, athirst for the living God; * | 6 Why are you so full of heaviness, O my soul? * |
| when shall I come to appear before the presence of God?     | and why are you so disquieted within me?         |
| 3 My tears have been my food day and night, *               | 7 Put your trust in God; *                       |
| while all day long they say to me,                          | for I will yet give thanks to him,               |
| “Where now is your God?”                                    | who is the help of my countenance, and my God.   |
| 4 I pour out my soul when I think on these things: *        |  |
| how I went with the multitude                               |  |
| and led them into the house of God,                         |  |

**THE HOLY GOSPEL** ~ Luke 13:1-9

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Luke.

*People* Glory be to thee, O Lord.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, “Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them — do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.” Then he told this parable: “A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, ‘See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?’ He replied, ‘Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.’”

*Deacon* The Gospel of the Lord.

*People* Praise be to thee, O Christ.

**THE SERMON**

**THE NICENE CREED**

Prayer Book, Page 326

**THE PRAYERS OF THE PEOPLE**

Prayer Book, Page 328

**THE PEACE**

*Celebrant* The peace of the Lord be always with you.

*People* And with thy spirit.

## The Liturgy of the Table

**ANTHEM**

Like as the hart desireth the waterbrooks, so longeth my soul after thee, O God. My soul is athirst for God, yea, even for the living God. When shall I come to appear before the presence of God? My tears have been my meat day and night, while they daily say unto me: Where, where is now thy God?

Words: Psalm 42

Music: Herbert Howells (1892-1983)

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ta - kest a - way the sins of the world, have  
mer - cy up - on us. O Lamb of  
God, that ta - kest a - way the sins of the  
world, grant us thy peace.

**THE PRAYER OF HUMBLE ACCESS**

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

**THE INVITATION TO AND DISTRIBUTION OF HOLY COMMUNION**

*All persons are welcome at the Lord's table; to receive Holy Communion or a Blessing. Baptized Christians of all ages and denomination may receive the elements. To receive a blessing rather than the elements, cross your arms over your chest as you kneel at the altar rail. To receive communion please hold out your crossed hands, open palms up, for the bread, and then help guide the chalice to your lips to receive the wine; cross your arms over your chest if you do not wish to receive the wine. Please blot lipstick before drinking from the chalice. You may also allow the chalice minister to dip the bread into the wine and place it on your tongue and it is permissible to receive only the bread if you like.*

**ANTHEM**

He that is down need fear no fall;	I am content with what I have,	Fullness to such a burden is,
He that is low, no pride;	Little be it or much;	That go on pilgrimage;
He that is humble, ever shall	And, Lord, contentment still I crave,	Here little, and hereafter bliss,
Have God to be his Guide.	Because Thou savest such.	Is best from age to age.

Words: John Bunyan (1628-1688)  
Music: John Dowland (1563-1626)

*Please join in singing*

**HYMN #152** ~ Kind Maker of the world, O hear..... *A la venue de Noël*

*Please join in saying*

**POST-COMMUNION PRAYER**

Prayer Book, Page 339

**SOLEMN PRAYER OVER THE PEOPLE**

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. *Amen.*

**WELCOME AND ANNOUNCEMENTS**

**HYMN #392** ~ Come, we that love the Lord..... *Vineyard Haven*

**THE DISMISSAL**

*People* Thanks be to God.

**CLOSING VOLUNTARY** ~ Fuga in C..... Johann Pachelbel

## COPYRIGHTS

The Mass setting is from *Missa de Sancta Maria Magdalena* by Healey Willan (1880-1968), reprinted from *the Hymnal 1982*.

## ANNOUNCEMENTS

### *Save the dates*

- Thursday, April 4 - The Mississippi College Choir in concert
- Sunday, April 21 - Easter Day
- Tuesday, April 30 - Combined Choir Concert ~ The Chichester Psalms of Leonard Bernstein
- Thursday, May 30 - Choral Evensong for Ascension Day

*Evensong on Friday, March 29* ~ Saint Thomas' Episcopal School is a K-12 college preparatory school that was founded in 1955 as an outreach program of Saint Thomas' Episcopal Church. Under the direction of Mrs. Nancy Crownover - Choral Director and Mrs. Sherrill Calvert - Orchestra Director, the 40-member choir and orchestra will present a service of Choral Evensong followed by a short concert of sacred pieces. Please join us to offer our prayers and praise to God for all that He has done for us. The service and concert are free of charge and all are welcome to attend.

*If you would like to make a contribution toward the Easter Flower array* in honor of, or in memory of a loved one, please clearly note this on a check or an Easter Flower envelope - return it to the Cathedral office by Friday, April 12. Names will be listed in the Easter service leaflets. Many thanks!

*Help on Easter Sunday* - Stems of cut flowers, any color or kind, are needed for the Flowering of the Cross (at the beginning of the Eucharist), finger foods are needed for coffee hour, and individually-wrapped candy is needed for our Easter Egg Hunt (following the 10:00 Eucharist). If you can help with any of these items, please sign up on the sheets provided in the cathedral, chapel or on the main bulletin board. Many thanks!

*Lenten Adult Study Opportunity with The Theologian in Residence: The Confounding Mystery of the Trinity* ~ The Trinity is at the center of the Christian faith. It is the declaration that our God is one while at the same time being three—that is Father, Son and Holy Spirit. How can that be? For nearly 2000 years the church has struggled to articulate how the Trinity works as one and yet three. In my personal library I have 26 books directly or indirectly addressing the issue of the Trinity—and some of those books are really long. Over five weekday sessions and one all-day Saturday session (with lunch, and at least a little wine) I will try to lead you through this topic. I suggest two books, neither of which covers the topic in its entirety. Since the issue of the Trinity first comes-up in scripture, I am suggesting Wesley Hill, Paul and the Trinity: Persons, Relations and the Pauline Letters. This is readily available (used or new) from Amazon. I also recommend a book with a 21st century view of the Trinity. That is Richard Rohr, The Divine Dance (even more readily available). The tortured (but interesting) theological battles over the nature and meaning of the Trinity are important for our understanding of our faith. The weekday sessions will meet at 2:00 pm on Wednesdays beginning on March 13 and concluding on April 10. The Saturday session will meet on May 4 at 10 AM.

*Donors needed for Altar Flowers* in Cathedral and Chapel - Please sign up today on the chart next to Stuart Hall, or for more information, contact Sandy Jackson - [sditta@tulane.edu](mailto:sditta@tulane.edu).

*Please consider hosting Coffee Hour* after a 10:00 AM Sunday Eucharist. This is a vital part of our ministry. The sign-up sheet is next to Stuart Hall on the bulletin board.

*If you or a family member is hospitalized or shut-in*, please contact the parish secretary during office hours or call one of us directly on our mobile phones at any time and leave a voice message if necessary. If the situation is not urgent you may also contact us via email (copying the parish secretary as well.) Please DO NOT use text messages, Facebook or any other instant message platform to communicate sensitive or urgent information, as their reliability is inconsistent.

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*Thank you for supporting the ongoing Cathedral ministries*



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## Life Transformed: The Way of Love in Lent - Learn

Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from *Life Transformed: The Way of Love in Lent*. Learn more at [episcopalchurch.org/life-transformed](http://episcopalchurch.org/life-transformed).

**READ** Proverbs 8:1-8; 19-21; 9:4b-6

Lent has always been the traditional time of study and growth for those who seek to follow Jesus' way and *learn* his life and teachings. As Christians, we are invited to continue to grow in our knowledge and love of God. Remember, Episcopal tradition holds that we never really "arrive" in our journey with God.

This passage from the Book of Proverbs echoes the blessing we pray over every newly baptized Christian that the person might have an "inquiring and discerning heart" (Book of Common Prayer, p. 308). In this passage, wisdom is personified as a woman crying out for people at the crossroads of the city to hear the gift of life she offers. In the Bible, wisdom is an active and powerful force present even at the beginning of the world. She does not want anyone to be left without knowledge of God and refuses to deny God's love to anyone who is willing to learn. However, gaining wisdom is not simply studying a book or memorizing a few facts. Wisdom goes beyond mere knowledge into action. We cannot be considered wise if we do not act in accordance with what we have learned. Wisdom demands integrity. Wisdom calls us to "lay aside immaturity, and live, and walk in the way of insight" (Proverbs 9:6).

The baptismal blessing over the water notes that "the Holy Spirit moved over the waters at creation" (Genesis 1:2). Wisdom is often equated with the Holy Spirit herself. In other words, every part of this earth is created with some element of the powerful gift of wisdom. One method for us to practice learning is to sit at the feet of Jesus, our great teacher in wisdom, and learn his way through regular meditation on the Scriptures. Through him, we can access the wisdom that fills all of creation and already lives in each one of us.

**REFLECT:** When we are dedicated to learning more about God's wisdom through relationship with Jesus and with others, we open ourselves up to God's holy word made manifest in all with whom we come in contact. How often do you spend time reading the Bible? What wisdom have you gleaned from its pages?



**THE WAY OF LOVE**  
*Practices for Jesus-Centered Life*

## EPISCOPAL DIOCESE OF LOUISIANA

The Right Reverend Morris K. Thompson, Jr., *Bishop*

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The Very Reverend David A. duPlantier, *Dean*

The Reverend Canon Steven M. Roberts

Mr. Jarrett R. Follette, *Canon Precentor*

The Reverend David B. Lowry, *Theologian in Residence*

The Reverend Travers C. Koerner, *Priest Associate*

The Reverend Dr. Minka Shura Sprague, *Priest Associate*

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### VESTRY

#### 2020

Alan Brackett (Senior Warden), Laura Brown (Secretary),  
Karen Whitfield

#### 2021

John Sibal (Junior Warden), Jethro Celestin, Borden Wallace

#### 2022

Justin Allen, Melissa Montero, Jennifer O'Brien (Treasurer)

#### 2023

Les Leathem, Charles Meade, Judson Mitchell



Sunday Morning 10 AM Eucharist  
Live Broadcast on WGSO 990 AM Radio.  
Online streaming and downloadable  
podcast at [www.wgso.com](http://www.wgso.com)  
Broadcasts underwritten in part by  
St. Martin's Episcopal School.

## THE WEEK OF MARCH 24, 2019

### SUNDAY

8:00 AM The Holy Eucharist (1928 Prayer Book)  
9:45 AM Children's Church  
10:00 AM The Holy Eucharist, Rite II (Sung)  
11:15 AM Coffee Hour (Stuart Hall)  
6:00 PM REAL PRESENCE

### MONDAY

12:00 PM Al-Anon Meeting (Advent House)  
12:15 PM The Holy Eucharist (Chapel)  
1:00 PM Book Club (Advent House)  
5:30 PM Bodytime Bootcamp (Stuart Hall)

### TUESDAY

9:30 AM Staff Meeting (Westfeldt Room)  
12:15 PM The Holy Eucharist (Chapel)  
5:30 PM Bodytime Bootcamp (Stuart Hall)  
5:30 PM Yoga (Cathedral)  
6:45 PM Seekers Book Study (Advent House)

### WEDNESDAY

11:30 AM Contemplative Prayer (Advent House)  
12:15 PM The Holy Eucharist (Chapel)  
1:00 PM Education for Ministry (Westfeldt Room)  
2:00 PM Canon Lowry's Study of the Trinity  
7:00 PM Choir Rehearsal

### THURSDAY

10:00 AM Cathedral Tours  
12:00 PM Alcoholics Anonymous (*Women Only*)  
12:15 PM The Holy Eucharist (Chapel)  
5:30 PM Bodytime Bootcamp (Stuart Hall)

### FRIDAY

12:15 PM The Holy Eucharist (Chapel)  
6:30 PM The Choir of St. Thomas School, Houston

### SATURDAY

9:30 AM The Holy Eucharist (Chapel)  
9:30 AM Centering Prayer (AH)  
10:00 AM Erascism (Westfeldt Room)

### SUNDAY

8:00 AM The Holy Eucharist (1928 Prayer Book)  
9:45 AM Children's Church  
10:00 AM The Holy Eucharist, Rite II (Sung)  
11:15 AM Coffee Hour (Stuart Hall)  
6:00 PM REAL PRESENCE

## CHRIST CHURCH CATHEDRAL

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*Please remember Christ Church Cathedral in your will.*