

# The Third Sunday in Lent

March 19, 2017

10:00 AM



## The Holy Eucharist, Rite I

Celebrant - The Reverend Canon Steven M. Roberts

Preacher - The Very Reverend David A. duPlantier, *Dean*

*It is the tradition of the Episcopal Church to maintain silence in the worship area so that people may pray. Please help us preserve an atmosphere of quiet reverence before worship begins, remembering to turn pagers and cell phones off; let the music of the opening voluntary quiet your thoughts as you prepare for worship. Children, Kindergarten through 6th grade are invited to the Nursery for breakfast and the Good Shepherd Atrium for Christian Formation. They will join us in the cathedral at The Peace. An usher will be happy to assist you with directions.*

## The Word of God

OPENING VOLUNTARY - Adagio from Sonata I ..... Felix Mendelssohn

*When the bell sounds, please stand and join in singing*

PROCESSIONAL HYMN #388 - O worship the King, all glorious above ..... *Hanover*

### A PENITENTIAL ORDER

Prayer Book, Page 319

*Celebrant* Bless the Lord who forgiveth all our sins.

*People* His mercy endureth for ever.

### THE CONFESSION AND ABSOLUTION

Prayer Book, Page 320

*Celebrant* Let us humbly confess our sins unto Almighty God.

*Silence may be kept*

Most merciful God, we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.

### LORD HAVE MERCY *Kyrie eleison*

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, have mer - cy up - on us.  
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

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## THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* And with thy spirit.

*Celebrant* Let us pray.

Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

## THE FIRST LESSON ~ Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

*Lector* The Word of the Lord.

*People* Thanks be to God.

*The choir sings*

## PSALM 95 *Venite, exultemus*

*Setting by T. Tertius Noble*

- 1 Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.
- 3 For the Lord is a great God, \*  
and a great King above all gods.
- 4 In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.
- 5 The sea is his, for he made it, \*  
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.
- 7 For he is our God,  
and we are the people of his pasture

- and the sheep of his hand. \*
- Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,  
as your forebears did in the wilderness, \*  
at Meribah, and on that day at Massah,  
when they tempted me.
- 9 They put me to the test, \*  
though they had seen my works.
- 10 Forty years long I detested that generation and said, \*  
"This people are wayward in their hearts;  
they do not know my ways."
- 11 So I swore in my wrath, \*  
"They shall not enter into my rest."

## THE SECOND LESSON ~ Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Lector* The Word of the Lord.

*People* Thanks be to God.

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*Please stand.*

*The choir sings the*

**TRACT** - Psalm 42:1-7 *Quemadmodum*

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|--|--|
| 1 As the deer longs for the water brooks, *<br>so longs my soul for you, O God.  |  |
| 2 My soul is athirst for God, athirst for the living God; *<br>when shall I come to appear before the presence of God? |  |
| 3 My tears have been my food day and night, *<br>while all day long they say to me,<br>“Where now is your God?”        |  |
| 4 I pour out my soul when I think on these things: *<br>how I went with the multitude and led them                     | into the house of God,   |
|  | 5 With the voice of praise and thanksgiving, *<br>among those who keep holy day.                                   |
|  | 6 Why are you so full of heaviness, O my soul? *<br>and why are you so disquieted within me?                       |
|  | 7 Put your trust in God; *<br>for I will yet give thanks to him,<br>who is the help of my countenance, and my God. |

**THE HOLY GOSPEL** - John 4:5-42

*Deacon* The Holy Gospel of our Lord Jesus Christ according to John.

*People* Glory be to thee, O Lord.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

*Deacon* The Gospel of the Lord.

*People* Praise be to thee, O Christ.

**THE SERMON**

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THE PEACE

*Celebrant* The peace of the Lord be always with you.

*People* And with thy spirit.

# The Liturgy of the Table

ANTHEM

Wash me thoroughly from my wickedness: and cleanse me from my sin. For I acknowledge my faults: and my sin is ever before me.

Andrea Butler, Soprano

Words: Psalm 51:2-3

Music: Samuel Sebastian Wesley (1810-1876)

*Please stand and sing*

OFFERTORY HYMN #685 ~ Rock of ages, cleft for me ..... *Top lady*

THE GREAT THANKSGIVING ~ Eucharistic Prayer I

SURSUM CORDA

*Celebrant* The Lord be with you. *People* And with thy spi - rit.

*Celebrant* Lift up your hearts. *People* We lift them up un - to the Lord.

*Celebrant* Let us give thanks un - to our Lord God.

*People* It is meet and right so to do.

SANCTUS & BENEDICTUS

Ho - ly, ho - ly, ho - ly, Lord God of

Hosts: Hea - ven and earth are full of thy glo - ry. Glo -

- ry be to thee, O Lord Most High. Bless - ed is he that com - eth

in the name of the Lord. Ho - san - na in the high - est.

*The people kneel or stand.*

THE EUCHARISTIC CANON

THE LORD'S PRAYER

## THE BREAKING OF THE BREAD

### THE FRACTION ANTHEM



O Lamb of God, that ta - kest a -  
way the sins of the world, have mer - cy up -  
on us. O Lamb of God, that  
ta - kest a - way the sins of the world, have  
mer - cy up - on us. O Lamb of  
God, that ta - kest a - way the sins of the  
world, grant us thy peace.

### THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

### THE INVITATION TO AND DISTRIBUTION OF HOLY COMMUNION

*All persons are welcome at the Lord's table; to receive Holy Communion or a Blessing. Baptized Christians of all ages and denomination may receive the elements. To receive a blessing rather than the elements, cross your arms over your chest as you kneel at the altar rail. To receive communion please hold out your crossed hands, open palms up, for the bread, and then help guide the chalice to your lips to receive the wine; cross your arms over your chest if you do not wish to receive the wine. Please blot lipstick before drinking from the chalice. You may also allow the chalice minister to dip the bread into the wine and place it on your tongue and it is permissible to receive only the bread if you like.*

### ANTHEM

Like as the hart desireth the waterbrooks, so longeth my soul after thee, O God. My soul is athirst for God, yea, even for the living God. When shall I come to appear before the presence of God? My tears have been my meat day and night, while they daily say unto me: Where, where is now thy God?

Words: Psalm 42

Music: Herbert Howells (1892-1983)

*Please join in singing*

HYMN #309 ~ O Food to pilgrims given ..... *O Welt, ich muss dich lassen*

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*Please join in saying*

**POST-COMMUNION PRAYER**

Prayer Book, Page 339

**SOLEMN PRAYER OVER THE PEOPLE**

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. *Amen.*

**WELCOME AND ANNOUNCEMENTS**

**HYMN #690** ~ Guide me, O thou great Jehovah..... *Cwm Rhondda*

**THE DISMISSAL**

*People* Thanks be to God.

**CLOSING VOLUNTARY** ~ Fugue in G Minor, BWV 578.....Johann Sebastian Bach

*Thanks to Marc Loudon for playing the Opening & Closing Voluntaries.*

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**ANNOUNCEMENTS**

- Sunday, March 26, 3:00 PM - Concert: The New Orleans Vocal Arts Chorale (NOVA), featuring Casey Candebat, *Tenor*
- Sunday, April April 9 - Palm Sunday
- Monday, Friday, April 10-14 - Holy Week
- Sunday, April 16 - Easter Day
- Sunday, April 23, Concert: Requiem of Gabriel Faure

***Jericho Road Hospitality Volunteers Needed:*** Jericho Road will be hosting over 100 workers from Marriott Corp for a workday in the neighborhood behind the Cathedral on Friday, March 31. Volunteers are needed to staff a tent for registration, and to provide refreshments and First Aid to the workers. Please contact Angela Kellum at lakellum@gmail.com or (504) 251-3144 if you are able to volunteer a few hours of your time, or would like to donate snacks or water.

***The Cathedral Parish Annual Meeting*** takes place after the 10:00 Eucharist. All active members are encouraged to attend this important event.

***Canon David Lowry presents Jewish and Christian Apocalyptic: Daniel and the Revelation to John***, Wednesdays in Lent (March 8, 15, 22, 29, and April 5), 1:30-2:30 PM. Judaism and Christianity had an idea of the meaning of history that differed from that of other ancient cultures and religions—they believed that God was in charge of history and that history was linear: that is moving from one place forward to another in accordance with God’s purposes (rather than moving in circles)—purposes that remained veiled at most times and to most people. Hence, apocalyptic literature (apocalyptic=hidden) was unique to the Jewish and Christian theological traditions. We will read carefully from the Old Testament book of Daniel and from the Revelation to John; seeking out not only the special place that each occupies in their respective canons, but also their relevance today.

***Easter Day is April 16!*** - Stems of cut flowers, any color or kind, are needed for the Flowering of the Cross (at the beginning of the Eucharist), finger foods are needed for coffee hour, and individually-wrapped candy or pre-filled plastic eggs are needed for our Easter Egg Hunt (following the 10:00 Eucharist). If you can help with any of these items, please sign up on the sheets provided in the cathedral, chapel or on the main bulletin board. Many thanks!

***The next opportunity for Baptism*** falls on Sunday, April 23 at the 10:00 Eucharist. Please speak with Canon Roberts as soon as possible.

***Please consider hosting Coffee Hour*** after a 10:00 AM Sunday Eucharist. This is a vital part of our ministry. The sign-up sheet is in Stuart Hall.

***If you or a family member is hospitalized or shut-in***, please contact the parish secretary during office hours or call one of us directly on our mobile phones at any time and leave a voice message if necessary. If the situation is not urgent you may also contact use via email (copying the parish secretary as well.) Please **DO NOT** use text messages, Facebook or any other instant message platform to communicate sensitive or urgent information, as their reliability is inconsistent.

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THE  
*Episcopal*  
CHURCH



**March 19, 2017 – Lent 3(A): The Feast of the Annunciation**

This coming Saturday, March 25<sup>th</sup>, marks the celebration of the Feast of the Annunciation. This feast, dated nine months before the celebration of Christmas Day, commemorates the visitation of the Virgin Mary by the angel Gabriel. During the visit, recounted in the first chapter of Luke's Gospel, the angel greets Mary and announces that she will be the mother of Jesus. Mary assents in faith to God's invitation.

“In the sixth month, the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And he came to her and said, ‘Greetings, favored one! The Lord is with you.’ But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, ‘Do not be afraid, Mary, for you have found favor with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob for ever, and of his kingdom there will be no end.’ Mary said to the angel, ‘How can this be, since I am a virgin?’ The angel said to her, ‘The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. For nothing will be impossible with God.’ Then Mary said, ‘Here am I, the servant of the Lord; let it be with me according to your word.’ Then the angel departed from her.”  
(Luke 1:26-38, New Revised Standard Version)



*Fra Angelico, "Annunciation" from the Diocesan Museum of Cortona, 1433.*

*Note Adam and Eve being expelled from Eden, symbolizing the Fall and Redemption of humanity in one image.*

**Collect for the Annunciation**

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen. (*Book of Common Prayer*, p. 240)

## EPISCOPAL DIOCESE OF LOUISIANA

The Right Reverend Morris K. Thompson, Jr., *Bishop*

### CHRIST CHURCH CATHEDRAL

The Very Reverend David A. duPlantier, *Dean*

The Reverend Canon Steven M. Roberts

The Reverend David B. Lowry, *Theologian in Residence*

The Reverend W. Gedge Gayle, Jr., *Priest Associate*

The Reverend Travers C. Koerner, *Priest Associate*

The Reverend Bridget K. Tierney, *Director of Advent House*

Mr. Jarrett R. Follette, *Canon Precentor*

Ms. Lisa Wilkie, *Parish Administrator*

Ms. Lisa Sibal, *Executive Assistant to the Dean*

Ms. Linda Roberts, *Facilities Coordinator*

Ms. Lynell Hankton, *Parish Secretary*

Mr. James Jennings, *Sexton*

Mr. Kevin Kelley, *Assistant Sexton*

### VESTRY

#### 2017

Mikey Corcoran, Sandy Jackson (Senior Warden)

Karen Whitfield (Secretary)

#### 2018

Kendall Genre, Jesse George (Junior Warden)

Lawrence Marrione, Rick Mithun

#### 2019

Ryan Garrity, Angela Kellum, Dan LeGardeur

#### 2019

Alan Brackett, Laura Brown, Robert Clepper

#### Treasurer

Chris Beary



Sunday Morning 10 AM Eucharist  
Live Broadcast on WGSO 990 AM Radio.  
Online streaming and downloadable  
podcast at [www.wgso.com](http://www.wgso.com)  
Broadcasts underwritten in part by  
St. Martin's Episcopal School.

## THE WEEK OF MARCH 19, 2017

### SUNDAY

- 8:00 AM The Holy Eucharist, 1928 Prayer Book (Chapel)
- 9:45 AM Children's Christian Formation (Martin Room)
- 10:00 AM The Holy Eucharist, Rite II (Sung)
- 11:30 AM Parish Annual Meeting
- 6:00 PM REAL PRESENCE (Contemplative Holy Eucharist)

### MONDAY

- 12:15 PM The Holy Eucharist (Chapel)
- 1:00 PM Book Club (Advent House)
- 5:00 PM Bodytime Bootcamp
- 5:30 PM Yoga (Cathedral)

### TUESDAY

- 9:30 AM Staff Meeting
- 12:15 PM The Holy Eucharist (Chapel)
- 5:00 PM Bodytime Bootcamp
- 5:30 PM Yoga (Cathedral)
- 6:45 PM Seeker's Book Study (Advent House)

### WEDNESDAY

- 11:30 PM Contemplative Prayer & Book Study (AH)
- 12:15 PM The Holy Eucharist (Chapel)
- 1:00 PM Education for Ministry (EfM) (Westfeldt Room)
- 1:30 PM Study with Canon Lowry
- 7:00 PM Choir Rehearsal

### THURSDAY

- 12:00 PM Alcoholics Anonymous (Women Only)
- 12:15 PM The Holy Eucharist (Chapel)
- 5:00 PM Bodytime Bootcamp

### FRIDAY

- 12:15 PM The Holy Eucharist (Chapel)

### SATURDAY

- 9:00 AM Office open until noon.
- 9:30 AM The Holy Eucharist (Chapel)
- 9:30 AM Centering Prayer (Advent House)
- 10:00 AM Eracism - Westfeldt Room

### SUNDAY

- 8:00 AM The Holy Eucharist, 1928 Prayer Book (Chapel)
- 9:45 AM Children's Christian Formation (Martin Room)
- 10:00 AM The Holy Eucharist, Rite II (Sung)
- 11:15 AM Coffee Hour
- 3:00 PM N.O.V.A. Chorale Concert
- 6:00 PM REAL PRESENCE (Contemplative Holy Eucharist)

## CHRIST CHURCH CATHEDRAL

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*Please remember Christ Church Cathedral in your will.*