

# The Second Sunday in Lent

March 17, 2019

10:00 AM



## The Holy Eucharist, Rite I

Celebrant & Preacher - The Very Reverend David Allard duPlantier, *Dean*

*It is the tradition of the Episcopal Church to maintain silence in the worship area so that people may pray. Please help us preserve an atmosphere of quiet reverence before worship begins, remembering to turn pagers and cell phones off; let the music of the opening voluntary quiet your thoughts as you prepare for worship. Children, Kindergarten through 6th grade are invited to the Nursery for breakfast and the Good Shepherd Atrium for Christian Formation. They will join us in the cathedral at The Peace. An usher will be happy to assist you with directions.*

## The Word of God

OPENING VOLUNTARY ~ Prière, Opus 20 .....César Franck

*When the bell sounds, please stand and join in singing*

PROCESSIONAL HYMN #401 ~ The God of Abraham praise .....Leoni

### A PENITENTIAL ORDER

Prayer Book, Page 319

*Celebrant* Bless the Lord who forgiveth all our sins.

*People* His mercy endureth for ever.

### THE CONFESSION AND ABSOLUTION

Prayer Book, Page 320

*Celebrant* Let us humbly confess our sins unto Almighty God.

*Silence may be kept*

Most merciful God, we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.

### LORD HAVE MERCY *Kyrie eleison*

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, have mer - cy up - on us.  
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

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## THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* And with thy spirit.

*Celebrant* Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. *Amen.*

### THE FIRST LESSON ~ Genesis 15:1-12,17-18

The word of the Lord came to Abram in a vision, "Do not be afraid, Abram, I am your shield; your reward shall be very great." But Abram said, "O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?" And Abram said, "You have given me no offspring, and so a slave born in my house is to be my heir." But the word of the Lord came to him, "This man shall not be your heir; no one but your very own issue shall be your heir." He brought him outside and said, "Look toward heaven and count the stars, if you are able to count them." Then he said to him, "So shall your descendants be." And he believed the Lord; and the Lord reckoned it to him as righteousness. Then he said to him, "I am the Lord who brought you from Ur of the Chaldeans, to give you this land to possess." But he said, "O Lord God, how am I to know that I shall possess it?" He said to him, "Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtledove, and a young pigeon." He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away. As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him. When the sun had gone down and it was dark, a smoking fire pot and a flaming torch passed between these pieces. On that day the Lord made a covenant with Abram, saying, "To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates."

*Lector* The Word of the Lord.

*People* Thanks be to God.

*The choir sings*

### PSALM 27 *Dominus illuminatio*

- |  |   |
|--|---|
| 1 The Lord is my light and my salvation;<br>whom then shall I fear? *                    | 10 Harken to my voice, O Lord, when I call; *<br>have mercy on me and answer me.  |
| the Lord is the strength of my life;<br>of whom then shall I be afraid?                  | 11 You speak in my heart and say, "Seek my face." *<br>Your face, Lord, will I seek.  |
| 2 When evildoers came upon me to eat up my flesh, *                                      | 12 Hide not your face from me, *<br>nor turn away your servant in displeasure.  |
| it was they, my foes and my adversaries,<br>who stumbled and fell.                       | 13 You have been my helper;<br>cast me not away; *  |
| 3 Though an army should encamp against me, *   | do not forsake me, O God of my salvation.   |
| yet my heart shall not be afraid;  | 14 Though my father and my mother forsake me, *   |
| 4 And though war should rise up against me, *  | the Lord will sustain me.   |
| yet will I put my trust in him.  | 15 Show me your way, O Lord; *  |
| 5 One thing have I asked of the Lord;<br>one thing I seek; *                             | lead me on a level path, because of my enemies.   |
| that I may dwell in the house of the Lord<br>all the days of my life;                    | 16 Deliver me not into the hand of my adversaries, *<br>for false witnesses have risen up against me,<br>and also those who speak malice. |
| 6 To behold the fair beauty of the Lord *<br>and to seek him in his temple.              | 17 What if I had not believed<br>that I should see the goodness of the Lord *<br>in the land of the living!                               |
| 7 For in the day of trouble he shall keep me safe in his shelter; *                      | 18 O tarry and await the Lord's pleasure;<br>be strong, and he shall comfort your heart; *<br>wait patiently for the Lord.                |
| he shall hide me in the secrecy of his dwelling<br>and set me high upon a rock.          |   |
| 8 Even now he lifts up my head *<br>above my enemies round about me.                     |   |
| 9 Therefore I will offer in his dwelling an oblation<br>with sounds of great gladness; * |   |
| I will sing and make music to the Lord.  |   |

Setting: William Longhurst

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**THE SECOND LESSON** ~ Philippians 3:17—4:1

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Savior, the Lord Jesus Christ. He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

*Lector* The Word of the Lord.

*People* Thanks be to God.

*Please stand.*

*The choir sings the*

**TRACT** - Psalm 106:1-5 *Confitemini Domino*

- |   |   |
|---|---|
| <p>1 Give thanks to the LORD, for he is good, *<br/>for his mercy endures for ever.</p> <p>2 Who can declare the mighty acts of the LORD *<br/>or show forth all his praise?</p> <p>3 Happy are those who act with justice *<br/>and always do what is right!</p> | <p>4 Remember me, O LORD,<br/>with the favor you have for your people, *<br/>and visit me with your saving help;</p> <p>5 That I may see the prosperity of your elect<br/>and be glad with the gladness of your people, *<br/>that I may glory with your inheritance.</p> |
|---|---|

**THE HOLY GOSPEL** ~ Luke 13:31-35

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Luke.

*People* Glory be to thee, O Lord.

Some Pharisees came and said to Jesus, "Get away from here, for Herod wants to kill you." He said to them, "Go and tell that fox for me, 'Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed outside of Jerusalem.' Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, 'Blessed is the one who comes in the name of the Lord.'"

*Deacon* The Gospel of the Lord.

*People* Praise be to thee, O Christ.

**THE SERMON**

**THE NICENE CREED**

Prayer Book, Page 326

**THE PRAYERS OF THE PEOPLE**

Prayer Book, Page 328

**THE PEACE**

*Celebrant* The peace of the Lord be always with you.

*People* And with thy spirit.

# The Liturgy of the Table

**ANTHEM**

O pray for the peace of Jerusalem. They shall prosper that love thee.

Words: Psalm 122:6

Music: Thomas Tomkins (1572-1656)

*Please stand and sing*

**OFFERTORY HYMN #337** ~ And now, O Father, mindful of the love ..... *Unde et memores*

**THE GREAT THANKSGIVING** ~ Eucharistic Prayer I

Prayer Book, Page 333

**SURSUM CORDA**

*Celebrant* *People*  
The Lord be with you. And with thy spi - rit.

*Celebrant* *People*  
Lift up your hearts. We lift them up un - to the Lord.

*Celebrant*  
Let us give thanks un - to our Lord God.

*People*  
It is meet and right so to do.

**SANCTUS & BENEDICTUS**

Ho - ly, ho - ly, ho - ly, Lord God of

Hosts: Hea - ven and earth are full of thy glo - ry. Glo -

- ry be to thee, O Lord Most High. Bless - ed is he that com - eth

in the name of the Lord. Ho - san - na in the high - est.

*The people kneel or stand.*

**THE EUCHARISTIC CANON**

**THE LORD'S PRAYER**

**THE BREAKING OF THE BREAD**

**THE FRACTION ANTHEM**

*p* *p* *p*  
O Lamb of God, that ta - kest a -

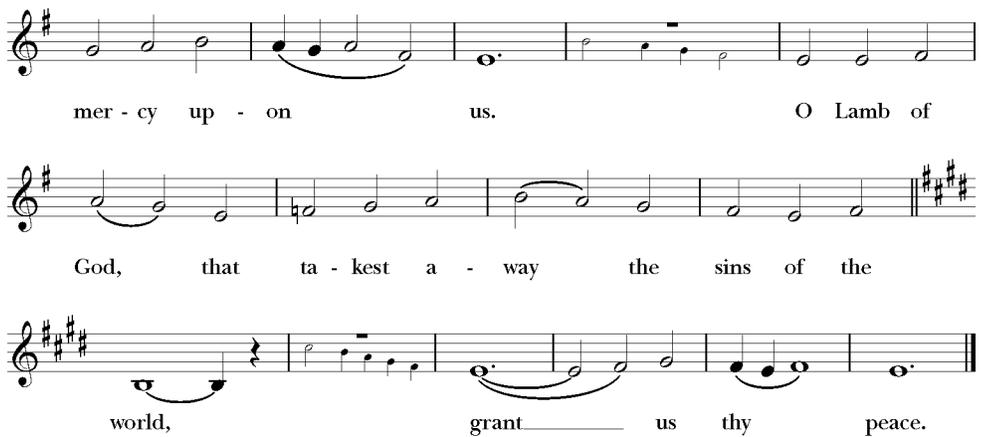
way the sins of the world, have mer - cy up -

on us. O Lamb of God, that

ta - kest a - way the sins of the world, have

Prayer Book, Page 334

Prayer Book, Page 336



mer - cy up - on us. O Lamb of  
 God, that ta - kest a - way the sins of the  
 world, grant us thy peace.

**THE PRAYER OF HUMBLE ACCESS**

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

**THE INVITATION TO AND DISTRIBUTION OF HOLY COMMUNION**

*All persons are welcome at the Lord's table; to receive Holy Communion or a Blessing. Baptized Christians of all ages and denomination may receive the elements. To receive a blessing rather than the elements, cross your arms over your chest as you kneel at the altar rail. To receive communion please hold out your crossed hands, open palms up, for the bread, and then help guide the chalice to your lips to receive the wine; cross your arms over your chest if you do not wish to receive the wine. Please blot lipstick before drinking from the chalice. You may also allow the chalice minister to dip the bread into the wine and place it on your tongue and it is permissible to receive only the bread if you like.*

**ANTHEM**

Bread of the world, in mercy broken,	Look on the heart by sorrow broken
Wine of the soul, in mercy shed:	Look on the tears by sinners shed,
By Whom the words of life were spoken,	And be Thy feast to us, the token
An in Whose death our sins are dead:	That by Thy grace our souls are fed. Amen.

Music: John Ebenezer West (1863-1929)  
 Words: Bishop Reginald Heber (1783-1826)

*Please join in singing*

**HYMN #455** - O Love of God, how strong and true.....*Dunedin*

*Please join in saying*

**POST-COMMUNION PRAYER**

Prayer Book, Page 339

**SOLEMN PRAYER OVER THE PEOPLE**

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. *Amen.*

**WELCOME AND ANNOUNCEMENTS**

**HYMN #484** - Praise the Lord through every nation..... *Wachet auf*

**THE DISMISSAL**

*People* Thanks be to God.

**CLOSING VOLUNTARY** .....

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The Mass setting is from *Missa de Sancta Maria Magdalena* by Healey Willan (1880-1968), reprinted from *the Hymnal 1982*.

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## ANNOUNCEMENTS

*The Cathedral Parish Annual Meeting* takes place after the 10:00 Eucharist. All active members are encouraged to attend this important event.

### *Save the dates*

- Friday, March 29 - The Choir of St. Thomas Episcopal High School, Houston, sings Evensong at 6:30
- Thursday, April 4 - The Mississippi College Choir in concert
- Sunday, April 21 - Easter Day
- Tuesday, April 30 - Combined Choir Concert ~ The Chichester Psalms of Leonard Bernstein
- Thursday, May 30 - Choral Evensong for Ascension Day

*Evensong on Friday, March 29* ~ Saint Thomas' Episcopal School is a K-12 college preparatory school that was founded in 1955 as an outreach program of Saint Thomas' Episcopal Church. Under the direction of Mrs. Nancy Crownover - Choral Director and Mrs. Sherrill Calvert - Orchestra Director, the 40-member choir and orchestra will present a service of Choral Evensong followed by a short concert of sacred pieces. Please join us to offer our prayers and praise to God for all that He has done for us. The service and concert are free of charge and all are welcome to attend.

*Lenten Adult Study Opportunity with The Theologian in Residence: The Confounding Mystery of the Trinity* ~ The Trinity is at the center of the Christian faith. It is the declaration that our God is one while at the same time being three—that is Father, Son and Holy Spirit. How can that be? For nearly 2000 years the church has struggled to articulate how the Trinity works as one and yet three. In my personal library I have 26 books directly or indirectly addressing the issue of the Trinity—and some of those books are really long. Over five weekday sessions and one all-day Saturday session (with lunch, and at least a little wine) I will try to lead you through this topic. I suggest two books, neither of which covers the topic in its entirety. Since the issue of the Trinity first comes-up in scripture, I am suggesting Wesley Hill, *Paul and the Trinity: Persons, Relations and the Pauline Letters*. This is readily available (used or new) from Amazon. I also recommend a book with a 21st century view of the Trinity. That is Richard Rohr, *The Divine Dance* (even more readily available). The tortured (but interesting) theological battles over the nature and meaning of the Trinity are important for our understanding of our faith. The weekday sessions will meet at 2:00 pm on Wednesdays beginning on March 13 and concluding on April 10. The Saturday session will meet on May 4 at 10 AM.

*Donors needed for Altar Flowers* in Cathedral and Chapel - Please sign up today on the chart next to Stuart Hall, or for more information, contact Sandy Jackson - [sditta@tulane.edu](mailto:sditta@tulane.edu).

*Please consider hosting Coffee Hour* after a 10:00 AM Sunday Eucharist. This is a vital part of our ministry. The sign-up sheet is next to Stuart Hall on the bulletin board.

*If you or a family member is hospitalized or shut-in*, please contact the parish secretary during office hours or call one of us directly on our mobile phones at any time and leave a voice message if necessary. If the situation is not urgent you may also contact us via email (copying the parish secretary as well.) Please DO NOT use text messages, Facebook or any other instant message platform to communicate sensitive or urgent information, as their reliability is inconsistent.

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*Thank you for supporting the ongoing Cathedral ministries*



## Life Transformed: The Way of Love in Lent - PRAY

Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from *Life Transformed: The Way of Love in Lent*. Learn more at [episcopalchurch.org/life-transformed](http://episcopalchurch.org/life-transformed).

**READ** Exodus 14:10-15:1

The story of the Exodus is one of the most important baptismal stories in the whole Bible. In the blessing over the water, which we PRAY at every baptism, we remember that the Hebrews were liberated from bondage in Egypt through water. Exodus is also the only reading that is specifically required in the Easter Vigil because of the way God delivered Israel through the Red Sea and the pillar of fire that lit the way for God's people. That pillar is echoed in the Easter fire, which shines in our darkness at the vigil. The Exodus event holds a seminal place in the recitation of God's liberating action – the common thread woven throughout the vigil and the Bible itself.

One of the most intriguing aspects of this powerful story is the way prayer has been woven through every step the Israelites took in their path to liberation. When they were afraid and even doubted, their prayer was heard by God who told them that he would not abandon them. When they were about to be overtaken by the Egyptians, their prayer for deliverance was answered. Moses was given the power to part the sea, and they crossed on dry land. Finally, when they were safe, the prophet Miriam led a prayer of rejoicing and thanksgiving with song and dancing. Each of these prayers is important to the story and to the relationship built between God and God's people.

In the early Church, Lent was a time for catechumens (those who were preparing to be baptized) to learn about the Christian life. The outline of the faith that they would follow was called a catechism, and we still have a similar form in our Book of Common Prayer today (pp. 845-862). In particular, our catechism describes the role of prayer in Christian life, including the seven types of prayer:



- ! **Adoration:** We lift up our hearts and minds to God, asking nothing but to enjoy God's presence.
- ! **Praise:** We praise God, not to obtain anything, but because God's Being draws praise from us.
- ! **Thanksgiving:** We offer gratitude to God for all the blessings of this life, for our redemption, and for whatever draws us closer to God.
- ! **Penitence:** In penitence, we say we are sorry, confess our sins, and make amends and life change wherever possible.
- ! **Oblation:** We offer ourselves, our lives and labors, in union with Christ, for God's purposes.
- ! **Intercession:** We bring before God the needs of others.
- ! **Petition:** We present our own needs, that God's will may be done.

Each of these forms of prayer will help you grow and bring you into a closer relationship with God. In fact, Scripture tells us that even when we don't know how to pray, "the Holy Spirit will intercede for us" and teach our heart how to pray in "sighs too deep for words" (Romans 8:26).

**REFLECT:** *Prayer* is one of the essential components of walking the Way of Love. Yet, some people can find it intimidating, frustrating, or hard to practice. Which of the prayer styles from the catechism speak to you? Is there one that comes naturally?

Published by the Office of Communication of The Episcopal Church, 815 Second Avenue, New York, N.Y. 10017

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## EPISCOPAL DIOCESE OF LOUISIANA

The Right Reverend Morris K. Thompson, Jr., *Bishop*

### CHRIST CHURCH CATHEDRAL

The Very Reverend David A. duPlantier, *Dean*

The Reverend Canon Steven M. Roberts

Mr. Jarrett R. Follette, *Canon Precentor*

The Reverend David B. Lowry, *Theologian in Residence*

The Reverend Travers C. Koerner, *Priest Associate*

The Reverend Dr. Minka Shura Sprague, *Priest Associate*

The Reverend Bridget K. Tierney, *Director of Advent House*

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Ms. Lisa Wilkie, *Parish Administrator*

Ms. Lisa Sibal, *Executive Assistant to the Dean*

Ms. Linda Roberts, *Facilities Coordinator*

Mr. Daniel Terrebonne, *Parish Secretary*

Mr. James Jennings, *Sexton*

Mr. Kevin Kelley, *Assistant Sexton*

### VESTRY

#### 2019

Ryan Garrity, Angela Kellum,

Dan LeGardeur (Treasurer)

#### 2020

Alan Brackett (Senior Warden), Laura Brown (Secretary),

Karen Whitfield

#### 2021

John Sibal (Junior Warden), Jethro Celestin, Borden Wallace

#### 2022

Justin Allen, Melissa Montero, Jennifer O'Brien



Sunday Morning 10 AM Eucharist  
Live Broadcast on WGSO 990 AM Radio.  
Online streaming and downloadable  
podcast at [www.wgso.com](http://www.wgso.com)  
Broadcasts underwritten in part by  
St. Martin's Episcopal School.

## THE WEEK OF MARCH 17, 2019

### SUNDAY

8:00 AM The Holy Eucharist (1928 Prayer Book)

9:45 AM Children's Church

10:00 AM The Holy Eucharist, Rite II (Sung)

11:15 AM Annual Parish Meeting (Stuart Hall)

6:00 PM REAL PRESENCE

### MONDAY

12:00 PM Al-Anon Meeting (Advent House)

12:15 PM The Holy Eucharist (Chapel)

1:00 PM Book Club (Advent House)

5:30 PM Bodytime Bootcamp (Stuart Hall)

### TUESDAY

9:30 AM Staff Meeting (Westfeldt Room)

12:15 PM The Holy Eucharist (Chapel)

5:30 PM Bodytime Bootcamp (Stuart Hall)

5:30 PM Yoga (Cathedral)

6:45 PM Seekers Book Study (Advent House)

### WEDNESDAY

11:30 AM Contemplative Prayer (Advent House)

12:15 PM The Holy Eucharist (Chapel)

1:00 PM Education for Ministry (Westfeldt Room)

2:00 PM Canon Lowry's Study of the Trinity

### THURSDAY

10:00 AM Cathedral Tours

12:00 PM Alcoholics Anonymous (*Women Only*)

12:15 PM The Holy Eucharist (Chapel)

5:30 PM Bodytime Bootcamp (Stuart Hall)

### FRIDAY

12:15 PM The Holy Eucharist (Chapel)

### SATURDAY

9:30 AM The Holy Eucharist (Chapel)

9:30 AM Centering Prayer (AH)

10:00 AM Erascism (Westfeldt Room)

### SUNDAY

8:00 AM The Holy Eucharist (1928 Prayer Book)

9:45 AM Children's Church

10:00 AM The Holy Eucharist, Rite II (Sung)

11:15 AM Coffee Hour (Stuart Hall)

6:00 PM REAL PRESENCE

## CHRIST CHURCH CATHEDRAL

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*Please remember Christ Church Cathedral in your will.*