

# The Second Sunday in Lent

March 8, 2020

10:00 AM



## The Holy Eucharist, Rite I

Celebrant - The Reverend Bridget K. Tierney

Preacher - The Very Reverend David Allard duPlantier, *Dean*

*It is the tradition of the Episcopal Church to maintain silence in the worship area so that people may pray. Please help us preserve an atmosphere of quiet reverence before worship begins, remembering to turn pagers and cell phones off; let the music of the opening voluntary quiet your thoughts as you prepare for worship. Children, Kindergarten through 6th grade are invited to the Dean's Parlor for breakfast and Christian Formation. They will join us in the cathedral at The Peace. An usher will be happy to assist you with directions.*

## The Word of God

OPENING VOLUNTARY - Fugue in A<sup>b</sup> Minor ..... Johannes Brahms

*When the bell sounds, please stand and join in singing*

PROCESSIONAL HYMN #401 - The God of Abraham praise ..... *Leoni*

### A PENITENTIAL ORDER

Prayer Book, Page 319

*Celebrant* Bless the Lord who forgiveth all our sins.

*People* His mercy endureth for ever.

### THE CONFESSION AND ABSOLUTION

Prayer Book, Page 320

*Celebrant* Let us humbly confess our sins unto Almighty God.

*Silence may be kept*

Most merciful God, we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.

### LORD HAVE MERCY *Kyrie eleison*

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Lord, have mer - cy up - on us.  
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

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## THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.

*People* And with thy spirit.

*Celebrant* Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. *Amen.*

## THE FIRST LESSON ~ Genesis 12:1-4a

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

*Lector* The Word of the Lord.

*People* Thanks be to God.

*The choir sings*

## PSALM 121 *Levavi oculos*

*Setting by H. Walford Davies*

- |   |  |
|---|--|
| 1 I lift up my eyes to the hills; *<br>from where is my help to come?                       | 5 The Lord himself watches over you; *<br>the Lord is your shade at your right hand,                   |
| 2 My help comes from the Lord, *<br>the maker of heaven and earth.                          | 6 So that the sun shall not strike you by day, *<br>nor the moon by night.                             |
| 3 He will not let your foot be moved *<br>and he who watches over you will not fall asleep. | 7 The Lord shall preserve you from all evil; *<br>it is he who shall keep you safe.                    |
| 4 Behold, he who keeps watch over Israel *<br>shall neither slumber nor sleep;              | 8 The Lord shall watch over your going out and your coming in, *<br>from this time forth for evermore. |

## THE SECOND LESSON ~ Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

*Lector* The Word of the Lord.

*People* Thanks be to God.

*Please stand.*

*The choir sings the*

## TRACT - Psalm 106:1-5 *Confitemini Domino*

- |  |   |
|--|---|
| 1 Give thanks to the LORD, for he is good, *<br>for his mercy endures for ever.  | 4 Remember me, O LORD,<br>with the favor you have for your people, *<br>and visit me with your saving help;                                 |
| 2 Who can declare the mighty acts of the LORD *<br>or show forth all his praise? | 5 That I may see the prosperity of your elect<br>and be glad with the gladness of your people, *<br>that I may glory with your inheritance. |
| 3 Happy are those who act with justice *<br>and always do what is right!         |   |
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**THE HOLY GOSPEL** ~ John 3:1-17

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Luke.

*People* Glory be to thee, O Lord.

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? 'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.'"

*Deacon* The Gospel of the Lord.

*People* Praise be to thee, O Christ.

**THE SERMON**

**THE NICENE CREED**

Prayer Book, Page 326

**THE PRAYERS OF THE PEOPLE**

Prayer Book, Page 328

**THE PEACE**

*Celebrant* The peace of the Lord be always with you.

*People* And with thy spirit.

## The Liturgy of the Table

**ANTHEM**

God so loved the world that he gave his only begotten Son, that whosoever believeth on him should not perish, but have eternal life.

Cleona Torres, *Soprano*

Music: Robert (Bob) Chilcott (b. 1955)

Text: John 3:16

*Please stand and sing*

**OFFERTORY HYMN #489** ~ The great Creator of the worlds ..... *Tallis' Ordinal*

**THE GREAT THANKSGIVING** ~ Eucharistic Prayer I

Prayer Book, Page 333

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**SURSUM CORDA**

*Celebrant* *People*  
The Lord be with you. And with thy spi - rit.

*Celebrant* *People*  
Lift up your hearts. We lift them up un - to the Lord.

*Celebrant*  
Let us give thanks un - to our Lord God.

*People*  
It is meet and right so to do.

**SANCTUS & BENEDICTUS**

Ho - ly, ho - ly, ho - ly, Lord God of

Hosts: Hea - ven and earth are full of thy glo - ry. Glo -

- ry be to thee, O Lord Most High. Bless - ed is he that com - eth

in the name of the Lord. Ho - san - na in the high - est.

*The people kneel or stand.*

**THE EUCHARISTIC CANON**

**THE LORD'S PRAYER**

**THE BREAKING OF THE BREAD**

**THE FRACTION ANTHEM**

O Lamb of God, that ta - kest a -

way the sins of the world, have mer - cy up -

on us. O Lamb of God, that

ta - kest a - way the sins of the world, have

Prayer Book, Page 334

Prayer Book, Page 336

mer - cy up - on us. O Lamb of  
 God, that ta - kest a - way the sins of the  
 world, grant us thy peace.

**THE PRAYER OF HUMBLE ACCESS**

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

**THE INVITATION TO AND DISTRIBUTION OF HOLY COMMUNION**

*All persons are welcome at the Lord's table; to receive Holy Communion or a Blessing. Baptized Christians of all ages and denomination may receive the elements. To receive a blessing rather than the elements, cross your arms over your chest as you kneel at the altar rail. To receive communion please hold out your crossed hands, open palms up, for the bread, and then help guide the chalice to your lips to receive the wine; cross your arms over your chest if you do not wish to receive the wine. Please blot lipstick before drinking from the chalice. You may also allow the chalice minister to dip the bread into the wine and place it on your tongue and it is permissible to receive only the bread if you like.*

**ANTHEM**

Lord, I trust thee, I adore thee,	Quench my thirst and let my hunger cease,
Ah! thou friend of man, restore me!	Fill my heart with joy and endless peace.
On thy loving grace relying,	When the breath of life has left me,
For the bread of life I'm sighing.	May my soul be blended with thee.

Music: G.F. Handel (1685-1759)  
 Text: *From The Passion of Christ*

*Please join in singing*

**Hymn #691 - My faith looks up to thee** ..... *Olivet*

*Please join in saying*

**POST-COMMUNION PRAYER**

Prayer Book, Page 339

**SOLEMN PRAYER OVER THE PEOPLE**

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. *Amen.*

**WELCOME AND ANNOUNCEMENTS**

**Hymn #473 - Lift high the cross**..... *Crucifer*

**THE DISMISSAL**

*People* Thanks be to God.

**CLOSING VOLUNTARY**

*Please join us Stuart Hall for refreshments and conversation.*

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## ANNOUNCEMENTS

### *Save the dates*

- Sunday, March 22 - Choral Evensong at 4:00 PM. The Reverend Canon John Kellogg will preach.
- Sunday, April 12 - Easter Day

*From the Dean* ~ On behalf of the entire Cathedral Community I extend my deepest thanks to the dozens of helpers, donors and patrons that, together, made our 2020 Hermes Parade fundraiser such a joyful evening of food, fun and fellowship.

*Church considerations during Flu Season* ~ Cathedral members are asked to stay home if experiencing flu-like symptoms. A priest is always available upon request to make home communion visits. When exchanging the Peace, it is always appropriate to do so with a greeting and nod, or by exchanging a greeting by touching closed fists. It is also at everyone's discretion to refrain from shaking hands with the Clergy/others at the conclusion of the services. Our theology underscores that if you prefer not to receive wine from the Chalice, the full Eucharistic Presence is contained in the bread alone. If you feel more comfortable simply receiving a blessing at the Altar rail, that is perfectly acceptable as well.

*The Annual Meeting takes place next Sunday* after the 10:00 Eucharist. If you are a voting member of Christ Church Cathedral, we ask that you make every effort to attend.

*Donors needed for Altar Flowers in Cathedral and Chapel* - Please sign up today on the chart next to Stuart Hall, or for more information, contact Sandy Jackson - sditta@tulane.edu.

*Please consider hosting Coffee Hour* after a 10:00 AM Sunday Eucharist. This is a vital part of our ministry. The sign-up sheet is in Stuart Hall.

*If you or a family member is hospitalized or shut-in*, please contact the parish secretary during office hours or call one of us directly on our mobile phones at any time and leave a voice message if necessary. If the situation is not urgent you may also contact us via email (copying the parish secretary as well.) Please DO NOT use text messages, Facebook or any other instant message platform to communicate sensitive or urgent information, as their reliability is inconsistent.

## **Four Lenten Study Opportunities**

### **Advent House Book Club**

Mondays 1:00 PM - 2:30 PM

*Gospel Memories: The Future Can Rewrite our Past*  
by The Rt. Rev. Jake Owensby

### **Book Study**

*The Crucifixion* by Fleming Rutledge

6:00 PM in Advent House on Mondays in March

Facilitator: Jesse George

For more information: [jesse.s.george@gmail.com](mailto:jesse.s.george@gmail.com)

### **Lenten Book Study and Meal**

*The Last Week*

by Marcus Borg and John Dominic Crossan

Dates: Tuesdays - March 3, 10, 17, 24, 31

Time: 7:00 PM – 8:00 PM

Place: Dean's Parlor (Parking available in the back lot)

### **Study with the Theologian in Residence**

Study of Environmental issues

*Care for Creation: A Franciscan Spirituality of the Earth*  
by Ilia Delio,

Wednesdays, (March 11, 18, 25 and April 1) at 1:30 PM

Saturday class (10:00 am to 2:00 pm with lunch) on

April 25.

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## **Give Online... Quick, Convenient and Secure**

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*Thank you for supporting the ongoing Cathedral ministries*

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## BULLETIN INSERTS

March 8, 2020 – Lent 2 (A)

### Life Transformed: The Way of Love in Lent - PRAY

Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from *Life Transformed: The Way of Love in Lent*. Learn more at [episcopalchurch.org/life-transformed](http://episcopalchurch.org/life-transformed).

**READ** Exodus 14:10-15:1

The story of the Exodus is one of the most important baptismal stories in the whole Bible. In the blessing over the water, which we PRAY at every baptism, we remember that the Hebrews were liberated from bondage in Egypt through water. Exodus is also the only reading that is specifically required in the Easter Vigil because of the way God delivered Israel through the Red Sea and the pillar of fire that lit the way for God's people. That pillar is echoed in the Easter fire, which shines in our darkness at the vigil. The Exodus event holds a seminal place in the recitation of God's liberating action – the common thread woven throughout the vigil and the Bible itself.

One of the most intriguing aspects of this powerful story is the way prayer has been woven through every step the Israelites took in their path to liberation. When they were afraid and even doubted, their prayer was heard by God who told them that he would not abandon them. When they were about to be overtaken by the Egyptians, their prayer for deliverance was answered. Moses was given the power to part the sea, and they crossed on dry land. Finally, when they were safe, the prophet Miriam led a prayer of rejoicing and thanksgiving with song and dancing. Each of these prayers is important to the story and to the relationship built between God and God's people.

In the early Church, Lent was a time for catechumens (those who were preparing to be baptized) to learn about the Christian life. The outline of the faith that they would follow was called a catechism, and we still have a similar form in our Book of Common Prayer today (pp. 845-862). In particular, our catechism describes the role of prayer in Christian life, including the seven types of prayer:

- **Adoration:** We lift up our hearts and minds to God, asking nothing but to enjoy God's presence.
- **Praise:** We praise God, not to obtain anything, but because God's Being draws praise from us.
- **Thanksgiving:** We offer gratitude to God for all the blessings of this life, for our redemption, and for whatever draws us closer to God.
- **Penitence:** In penitence, we say we are sorry, confess our sins, and make amends and life change wherever possible.
- **Oblation:** We offer ourselves, our lives and labors, in union with Christ, for God's purposes.
- **Intercession:** We bring before God the needs of others.
- **Petition:** We present our own needs, that God's will may be done.

Each of these forms of prayer will help you grow and bring you into a closer relationship with God. In fact, Scripture tells us that even when we don't know how to pray, "the Holy Spirit will intercede for us" and teach our heart how to pray in "sighs too deep for words" (Romans 8:26).

**REFLECT:** *Prayer* is one of the essential components of walking the Way of Love. Yet, some people can find it intimidating, frustrating, or hard to practice. Which of the prayer styles from the catechism speak to you? Is there one that comes naturally?

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## EPISCOPAL DIOCESE OF LOUISIANA

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The Reverend Canon Steven M. Roberts

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Ms. Dorothy Phillips, *Sunday Sexton*

### VESTRY

#### 2020

Alan Brackett (Senior Warden), Laura Brown (Secretary),  
Karen Whitfield

#### 2021

John Sibal (Junior Warden), Jethro Celestin, Borden Wallace

#### 2022

Justin Allen, Melissa Montero,  
Jennifer O'Brien-Brown (Treasurer)

#### 2023

Les Leathem, Charles Meade, Judson Mitchell



Sunday Morning 10 AM Eucharist  
Live Broadcast on WGSO 990 AM Radio.  
Online streaming and downloadable  
podcast at [www.wgso.com](http://www.wgso.com)

## THE WEEK OF MARCH 8, 2020

### SUNDAY

8:00 AM The Holy Eucharist (1928 Prayer Book)  
10:00 AM The Holy Eucharist, Rite II (Sung)  
10:00 AM Children's Church (Dean's Parlor)  
11:15 AM Coffee Hour (Stuart Hall)  
11:15 AM Middle/High School Class (Dean's Parlor)  
6:00 PM Real Presence

### MONDAY

12:00 PM Al-Anon Meeting (Dean's Parlor)  
12:15 PM The Holy Eucharist (Chapel)  
1:00 PM Advent House Book Club  
5:30 PM Bodytime Bootcamp (Stuart Hall)  
6:00 PM Crucifixion Book Study (Advent House)  
6:00 PM Property Committee (Westfeldt Room)

### TUESDAY

9:30 AM Staff Meeting (Westfeldt Room)  
12:15 PM The Holy Eucharist (Chapel)  
5:30 PM Yoga in the Cathedral  
5:30 PM Bodytime Bootcamp (Stuart Hall)  
7:00 PM Lenten Book Study (Dean's Parlor)

### WEDNESDAY

11:30 AM Contemplative Prayer (Advent House)  
12:15 PM The Holy Eucharist (Chapel)  
1:00 PM Education for Ministry (Westfeldt Room)  
1:30 PM Study with the Theologian in Residence  
7:00 PM Choir Rehearsal

### THURSDAY

10:00 AM Cathedral Tours  
12:00 PM Alcoholics Anonymous (*Women Only*)  
12:15 PM The Holy Eucharist (Chapel)  
5:30 PM Bodytime Bootcamp (Stuart Hall)

### FRIDAY

12:15 PM The Holy Eucharist (Chapel)

### SATURDAY

9:30 AM The Holy Eucharist (Chapel)  
9:30 AM Centering Prayer (AH)  
10:00 AM Erascism (Westfeldt Room)

### SUNDAY

8:00 AM The Holy Eucharist (1928 Prayer Book)  
10:00 AM The Holy Eucharist, Rite I (Sung)  
10:00 AM Children's Church (Dean's Parlor)  
11:15 AM Annual Meeting (Stuart Hall)  
11:15 AM Middle/High School Class (Dean's Parlor)  
6:00 PM Real Presence

## CHRIST CHURCH CATHEDRAL

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*Please remember Christ Church Cathedral in your will.*